


You're invited to


SUPPORT ON THE ROCKS

Sit down for some straight talk about aging – served with a twist. Pull up a chair, pour yourself something strong (or soothing), and join us for real conversations about aging, caregiving, and planning ahead.

 **Session 1: The Big Pour, Conversations That Matter**


 **August 7, 2025 | 5:00 PM**

 Having the talks no one wants – but everyone needs. Learn how to approach tough conversations on care, end-of-life wishes, important documents, and family dynamics with empathy and ease.

 *Speakers:* Morgan Saunders, Gracewell Social Worker and Kara Webb, Silveridge Director of Assisted Living

 **Session 2: The Coverage Cocktail, Mixing the Right Insurance for Aging Well**


 **November 6, 2025 | 5:00 PM**


 Decode Medicare, long-term care, and what's worth the premium. Get tips from experts during Medicare's open enrollment season and learn how to guide loved ones through the options.

 *Speakers:* Connie Riesselman, SHIP Counselor and Tina Thompson, Eventide Campus Business Office Manager

 **Session 3: Tab Open!? What Aging Really Costs (and Who's Paying)**


 **February 5, 2026 | 5:00 PM**


 Retirement realities, estate planning & avoiding surprise costs. Understand the financial side of aging – for your parents or yourself.

 *Speakers:* Brad Bonner, Attorney and Tina Thompson, Eventide Campus Business Office Manager

 **Session 4: The Foggy Pour, Talking Dementia Before Memory Slips Away**

 **June 4, 2026 | 5:00 PM**

 Learn how to talk with dignity about dementia, create a care plan, & prepare your family for changes ahead – including how to approach topics like driving, medical treatment, & legal planning.

 *Speakers:* Alzheimer's Association, Morgan Saunders, Gracewell Social Worker & Mary Jo Pfiefer, Gracewell Nurse Manager, RN, CDP, RAC-CT

Each of the sessions will take place at Gracewell, located at 114 South 20th Street in Denison. The series is free and open to the community. Registration is appreciated but not required. Please call Morgan Saunders at Gracewell, (712) 263-3114, to learn more or register for a program(s)!

