



# Eventide Events

Published for the residents, families, friends and employees of the Eventide Community.

### Welcome!

Thank you for choosing the Eventide Campus to be your home!

Gracewell:

Mary Lehan  
Deanna Roeder  
Wayne Zitzlsperger

Silverridge Assisted Living:

Paul Garvin  
Leslie Lewis  
Marge Meyer  
Bill Wieland

Heritage Heights:

Rosemary Hansen

### Graduates

Our graduates were on the Eventide campus for a short stay and have returned home. It was a pleasure to serve you!

Gracewell:

Elsie Cooksen  
Paul Garvin  
Marge Meyer

### In Memoriam

Our thoughts and prayers remain with the families and friends of those who have made their final journey.

Gracewell:

Gladys Ahart  
Marlene Baer  
Janet Bielfeldt  
Tom Feser  
Margaret Ford  
Glenn Freese  
Gerald Greenwald  
Clarence Hoffman Betty Krager  
Bernie Petersen Richard Saunders

Silverridge Assisted Living:

Orville Bohlmann

Heritage Heights:

Ed Latta

## From the CEO

**Submitted by Mindi Baker, Eventide Campus CEO**

Choosing a senior living community can be a big decision, and it is important to take your time to make sure the community aligns with the person's needs, preferences, and lifestyle. In our opinion the top five key factors to consider when making your decision, in no particular order:

*Type of Care Needed*

- **Independent Living:** For those who are still active and mostly self-sufficient but want to downsize or have some services like housekeeping or meals.

- **Assisted Living:** If they need help with activities of daily living (ADLs) like bathing, dressing, or managing medications.

- **Memory Care:** For individuals with Alzheimer's or other types of dementia, who need specialized care and a secure environment.

- **Skilled Nursing Care:** For those who require 24/7 medical care and supervision.

*Cost and Payment Options*

Senior living communities can vary widely in cost, and it is important to ensure it fits within your budget. Ask about what is included in the price (e.g., meals, utilities, medical care) and if there are extra costs for additional services. Ask about what source of payment are accepted, including any health insurance coverage options.

*Reputation and Reviews*

Check multiple resources that are available. Read reviews from current and former residents, as well as their fami-

lies. Review any regulatory information that is available regarding the community. Review social media to evaluate engagement and recent events. Tour the facility and get a feel for what the culture is like. Make observations if individuals appear happy, the staff seem friendly, and the facilities are well maintained.

*Wellness Programs*

Inquire to see if the community offers wellness programs tailored to meet the residents' needs, such as physical therapy, mental health support, or chronic disease management. Social engagement is important for mental and emotional well-being so look for communities that offer a variety of social activities or events that can suit different interests.

*Access to Healthcare*

Ask if the community offers transportation to medical appointments. Review accessibility to nearby hospitals, specialized care facilities, and necessary providers. In addition, ask the community about their staffing levels. Inquire what happens if my loved one's needs change over time and would need to transition to higher levels of care.

In looking at these key factors, the Eventide Community proudly scores well in each of these areas. For more information, please explore our website at eventidehome.com, stop by the campus for a tour, or set up a time to discuss more details with our team. As a local nonprofit with over 60 years in business, our mission to be the provider of choice continues to be our focus each day.

## Referral Companies - Did you Know?

There are several companies which provide services to help families find senior living options. Many of these companies provide free referral services and assistance to guide families in selecting the right senior housing for their loved ones. A few benefits of this business model include, it is free for families and may create a convenience of recommendations based on the family's preferences, location, and the senior's specific needs.

While the service is undeniably helpful for families looking for senior housing options, the model isn't without its concerns. This business model raises important questions about whether this structure is truly in the best interest of families and residents.

Families may not always be fully aware that these referral companies are incentivized to recommend certain communities. This could lead to a situation where

families think they are receiving unbiased advice when, in reality, the recommendations may be influenced by financial incentives. This could be a potential conflict of interest. The company's revenue is based on whether a resident moves into a facility they are referred to, not necessarily on ensuring the resident's satisfaction or long-term wellbeing. As a result, once the referral is made, there might be less emphasis on ensuring a perfect fit for the resident, especially if the family's needs change after the move.

Of course, not every senior loving community has a contract with a referral company such as the ones described above. The Eventide Campus does not engage in this practice but rather our time and efforts are spent focusing on delivering quality programs which in turn builds self-referrals to our campus.



### Love Was in the Air

Thank you for sending the love our way this Valentine's Day! This popular Eventide Foundation fundraiser treated approximately 100 residents, tenants, or employees on the Eventide Campus.



Eventide Campus Staff News

by Human Resource Coordinator,  
Pat Schechinger

ANNIVERSARIES

“Congratulations” to the following Eventide Campus Staff for working one year or more:

**April:**  
Kara Webb, RN, Director of Assisted Living, 15 years  
Nely Galdamez, Tenant Companion, 1 year  
Cathy Gibbons, Medication Manager, 2 years  
Dustyn Bengford, Heritage Heights & Realife Cooperative Maintenance, 15 years  
Pat Clarey, Certified Medication Aide, 35 years  
Jasmine Casillas, Certified Nurse Assistant, 5 years  
Christine Kragel, Community Relations & Foundation Director, 11 years  
Carol Lamaak, Domestic Aide, 6 years  
Geysi Garcia, Certified Nurse Assistant, 1 year  
Katie Hennings, Certified Nurse Assistant, 1 year  
**May:**  
Vanessa Lara, Certified Nurse Assistant, 1 year  
Olga Ramos, Dietary Assistant, 3 years

Bob Adams, Maintenance Supervisor, 21 years  
Penni Hansen, Gracewell Reception, 4 years  
Krystal Terwilleger, Cook, 8 years  
Billie Mead, Environmental Aide, 9 years  
Susana Nieto, Registered Nurse, 11 years  
**June:**  
Ashley Perez, Certified Nurse Assistant, 2 years  
Kathy Tech, Certified Medication Aide, 39 years  
Maggie Ragaller, Certified Nurse Assistant, 1 year  
Daniela Oropeza, Tenant Companion, 4 years  
Jessica Pauley, Licensed Practical Nurse, 6 years  
Carol Quail, Tenant Companion, 12 years  
Beyonce Carrasco, Certified Nurse Assistant, 1 year  
Liz Alcazar, Certified Nurse Assistant, 3 years

NEW STAFF

We welcome the following new staff members to the Gracewell Nursing Home:

**Activities Department:**  
Katie Putnam: Life Enrichment Coordinator  
  
**Dietary Department:**  
Mike Johnson, Dietary Assistant  
Yiney Carbrera, Dietary Assistant  
  
**Nursing Department:**  
Jackie Acosta, Licensed Practical Nurse  
Lien Gandarilla, Certified Nurse Assistant  
**Environmental Department:**  
Yuderki Perez, Housekeeper

Reminder - Eventide Foundation  
Scholarship Deadline

The Eventide Foundation Scholarship is nearing its deadline – April 15th. To access application details and forms, visit [www.eventidehome.com/scholarship](http://www.eventidehome.com/scholarship) or give Christine Kragel, Eventide Foundation Director, a call at (712) 263-3114.

Transitions in Life  
Enrichment



**Submitted by Tamara Baker, Gracewell Life Enrichment Director**  
With the retirement of Robin Schiltz in January, we want to reintroduce you to the activities team! There have been a few changes, beginning with our name. Life Enrichment. Many facilities have made a shift from Activities to Life Enrichment as part of a broader culture change in long term care. This change focuses on quality of life, person centered care and a more home like environment as you can see in the Gracewell building. The Life Enrichment department strives to meet all our residents’ needs with a variety of spiritual, physical, social, and intellectual events and activities. Allowing them to enjoy many of the things they enjoyed while living independently. In fact, many visitors are surprised to learn that we offer happy hour, serving beer and other adult beverages. Do not worry, they are all over the legal age!  
Connie Ellis remains our Life Enrichment Assistant! Connie has previously worked for the Eventide Campus for nearly 13 years as a CNA. She returned as our Assistant eight years ago. Since that time Connie has been in charge of our residents’ bus trips and has transformed them into exciting and educational trips to our local areas. She recently began a new program, bringing community members into Gracewell to speak to residents on various topics of interest.  
Our newest team member is Katie Putnam, Life Enrichment Coordinator. Katie attended Grand View University in Des Moines, where she majored in Kinesiology and health promotion. While in college, she worked for 2 years as a research assistant for an exercise study in adults over 55 and then did her internship with a nursing home wellness department. It was during this time she realized her passion for working with older adults. Katie also has 7 years of experience as an Activities Director! She absolutely loves working in activities and has decided she will never do anything else until retirement.  
My name is Tamara Baker, I have taken over as Life Enrichment Director. Eventide has been a part of my life for a very long time. My mother worked in the Eventide kitchen for many years and my first job in high school was working in the kitchen with her. 10 years ago, I rejoined the Eventide Team and worked under Robin as the Activity Coordinator. I love working with the elderly. I want every resident that comes to Gracewell to find fun, enjoyment and purpose. I am excited about our team and the great things to come!

Stay Connected to Your  
Loved One from Anywhere

**Submitted by: Christine Kragel, Eventide Community Relations & Foundation Director**  
  
The Eventide Community will be launching the LifeLoop Family Portal in April to our resident and tenant family members. We already use LifeLoop to send the text/email announcements you may be familiar with, but we are excited to expand our features! LifeLoop can be accessed on any device with internet access, and it is simple to navigate!  
We are proud to offer LifeLoop as a user-

friendly portal that makes staying engaged-simple and seamless, giving families peace of mind and connectedness. We anticipate families will enjoy easy access to calendars, newsletters, photos as well as updates on resident activity attendance. Other features may be available depending on which building your loved one calls home on the Eventide Campus.  
We will be sending out invitations to join & connect soon via text message. Please keep an eye out for communication from us! If you have questions, feel free to reach out to me at (712) 263-3114, ext 240.

Realife Cooperative: A Unique Form of  
Home Ownership

**Submitted by: Shannon Cose, Realife Cooperative & Heritage Heights Resident Services Manager**  
**What is Senior Cooperative Housing?**

Are you looking for a home where you can enjoy your retirement without the burden of home maintenance? Senior Cooperative Housing offers an ideal solution for individuals aged 62 and over who want independence, social engagement, and financial benefits without the hassle of traditional homeownership.  
As a cooperative member, you own a share of the community and have an equal voice in its operations. The cooperative holds the master mortgage, and residents purchase a share that grants them the right to occupy a unit. Monthly payments cover maintenance, repairs, and other expenses—eliminating unexpected costs. While residents do not assume personal liability for the master mortgage, they still receive tax benefits, including deductions for property taxes and mortgage interest.  
Each cooperative share appreciates at a modest rate of 1% per year, allowing members to gain on their investment while keeping units affordable for new buyers.  
A senior cooperative is governed by bylaws and an elected Board of Directors, ensuring that all decisions are made by and for the tenants. Each share has one vote, and only tenants may serve on the board.  
**Why Realife Might Be the Right Retirement Choice for You**  
Retirement should be about freedom—less work, less stress, and more time to enjoy what you love. However, if you own a home, responsibilities like snow shoveling, roof repairs, or plumbing issues can get in the way of that freedom.  
At Realife Cooperative, we offer a worry-free



**For Sale:** Two-bedroom, two-bathroom, 1,343 square foot apartment with large walk-in closets, large kitchen & pantry!  
  
lifestyle. Forget about unexpected repair bills, your monthly payment covers maintenance, so you can spend more time doing what you truly enjoy.  
With 11 spacious floor plans ranging from 659 to 1,350 square feet, you will not feel like you are downsizing. Plus, Realife is an affordable option, with share costs ranging from \$24,309.44 to \$55,113.28 and monthly charges between \$645.00 and \$1,360.00.  
**What’s Included in Your Monthly Charge?**  
• Housing Costs: Principal, interest, and mortgage insurance premium  
• Utilities & Services: Electricity, heat, water/sewer, garbage collection, and cable TV  
• Property Maintenance: Lawn care, snow removal, and repairs  
• Interior Upkeep: Replacement of fixed items such as carpet, appliances, heating, and cooling systems  
• And More!  
**Ready to Make the Change? Let’s Plan for Your Future!**  
Right now, Realife has two available apartments for sale—don’t miss this opportunity to take a tour and explore them firsthand! For more information or to book a tour, contact Shannon Cose, Resident Services Manager, at (712) 263-8169. Even if you feel you are not ready to make this change today, we encourage you to be added to our waitlist so that we can notify you when apartments do come up for sale.



# Dementia Experience Leads to Education, Empathy & Empowerment

Submitted by: Amy Schultz, Administrator Gracewell and Kara Webb, Assisted Living Director

A group from the Eventide campus took the 3-hour drive to the University of Northern Iowa campus in Cedar Falls to experience the Dementia Simulation house in January. The house appears to be a normal functioning house from the outside but on the inside, it is an educational experience. According to Professor of Gerontology, Elaine Eshbaugh, 80% of people living with dementia live at home in the community making the residential setting of this simulation very intentional and more realistic for the learner.

Those who attended include Amy Schultz, Administrator Gracewell; Katie Putnam, Life Enrichment Coordinator Gracewell; Doreen Adams, Director of Nursing Gracewell; Kathy Segebart, CNA Gracewell; Kara Webb, Assisted Living Director Silverridge; Hawa Sesay, CNA Gracewell; and Manivone Villalovos, CNA Gracewell. Hawa, Kathy and Manivone spend many of their working hours in our Memory Lane household. Kathy Segebart, CNA for Gracewell shared, “The experience was very interesting. It was an eye-opener to see how a person with dementia lives in the real world. Other people should experience this to get an understanding. It was well worth the trip.”

We started the process by learning the 3 takeaways that they wanted us to grasp throughout the experience: Empathy, Education, and Empowerment.

Upon entering the Simulation House, we were given cotton gloves to wear on our hands, earphones with constant and varying noise, and dark glasses to obstruct our vision. Why were we given these things? We were encouraged to think of dementia not only as memory loss, but more so as ‘brain failure’, as it affects so much more than just memory. We were then each verbally given 4 different instructions we were to complete in the house. The instructions were brief and somewhat vague, such as ‘Groom Fluffy’, ‘Set up your medications for the day’, ‘Wipe the counter’, ‘Put away your shoes’, ‘Button and hang up the shirt’, etc. Now those may seem like simple instructions, however, keep in mind we had never set foot in the home before. We would also been disabled by the sensory tools which made it very difficult to understand the instructions. The idea was for each of us to have to complete the assigned tasks in an unfamiliar place with the different sensory tools in place – similar to what a person with dementia experiences every day.

When the participants had completed their experience, we sat as a group and discussed how the experience made us feel and what we learned. We each had to write one word to describe what we felt during this experience. Some of our descriptive words were: crazy, overwhelmed, incapable, stressful, helpless, distracted and frustrated. If you think about it, these words are likely to describe how people living with dementia often feel as they try to navigate through their days.

The gloves challenged our dexterity similar to how dementia can cause muscle rigidity and changes in coordination and movement. It became difficult to do simple tasks such as plugging in a vacuum, holding a glass of water, opening and closing bottles, or buttoning the buttons on a shirt.

The background noises in the headphones were specifically challenging for participants. These sounds were a combination of people carrying on nearby conversations to everyday sounds one would hear in their environment such as a telephone ringing, the doorbell, a car horn honking, the television, etc. A brain without dementia can filter through the noises, and interpret whether its important data coming in or unimportant, and can filter out the unimportant. According to Dr. Eshbaugh, people living with dementia are unable to filter through the information they hear and the brain registers it all as important, therefore the unimportant sounds are unable to be filtered out. This can be very distracting, agitating and overwhelming. This is likely why people living with dementia have a difficult time in loud or stimulating environments, or why they have a difficult time processing tasks or instructions. We learned it takes approximately 20 seconds for someone living with dementia to process one thought or instruction before they can move on to the next one because of how long it takes their brain to interpret information. For example, while Kara was attempting to complete one of her tasks she noticed a phone and doorbell ringing



in her headphones which caused her to pause and question if was an important part of the simulation and she should stop what she was doing to answer the phone or the door, or if it was unimportant and she should continue trying to complete her task. This caused a delay in her task completion as she investigated the sounds. Amy, on the other hand, did not notice a doorbell or phone ringing, but rather heard sirens and someone talking nonstop. All these distractions caused her to focus harder on what she was doing and made her less aware of her surroundings. If you think of someone living with dementia, like these examples, they likely have moments where they are easily distracted or, on the contrary, where they are so fixated on something that it is difficult to redirect.

We also discussed how the glasses really changed our perception and visual field, similar to how an individual experiencing aging and visual changes may have deficits they have to navigate through. Dementia typically causes our visual field to narrow, limiting our peripheral vision making it difficult for us to see things unless they are directly in front of us. Suddenly we were instilled with a fear of falling and found ourselves stumbling over things we did not realize were there, something that was very unfamiliar and unsettling to us.

There were so many takeaways from this experience. Not only did it make us more empathetic by forcing us to live for a few moments in the shoes of someone living with dementia, but it also educated us to be better caregivers. A few key concepts we brought home:

1. Never approach someone with dementia from the side, as this may startle their already uneasy state. Rather, talk to the person straight on and look them in the eye when talking with them.
2. Only give one instruction at a time and let them process for 20 seconds before moving on with the discussion or further instructions. Their brains are unable to filter through information normally.
3. Be very clear with your communication. Do not assume the person living with dementia knows what you mean or is always familiar with their environment.
4. Just because we have ‘always done it this way’, does not mean we should always do it the same way. It is heartbreaking to think that maybe one day it might be best for mom or dad not to attend the big family Christmas gathering at the farm. But in reality, we constantly need to evaluate what is truly best for a person living with dementia as it is progressive and always changing. There may come a time when large gatherings are no longer the best environment for someone living with dementia and perhaps a quieter or smaller and more intimate gathering may be more appropriate. Even further, there may come a time when leaving the person with dementia at home or in the environment where they are most comfortable may be the best thing for them.

Eventide is a Dementia Friendly community, and Morgan Saunders, Social Worker at Gracewell is a certified Dementia Friend. She provides educational programs about dementia on campus and in the community, in addition, she leads the Alzheimer’s Support Group on the Eventide Campus. Give Morgan a call at (712) 263-3114 for dementia support, questions or resources.

## Immunization Recommendations for 2025

The Centers for Disease Control and Prevention (CDC) is recommending a change in the 2025 immunization schedule for older adults. The pneumococcal vaccination is now being recommended for those 50 years and older. The COVID -19 vaccination is recommended to have a second dose of the 2024-2025 vaccine for adults ages 65 and older to be given six months apart. Those who are six months to 64 years who are moderately or severely immunocompromised may consider a third dose with advice from their primary provider. If you have any questions, please see your primary care physician.



### Silverridge Celebrated the Magic of St. Patrick’s Day!

Congratulations to Silverridge tenant Ruth Remmes for being selected as the Irish Mother Superior for the St. Paddy’s Fest celebration in Denison! We hope you all got to see her smiling face in the parade! Also, a big thank you to the Des Moines Irish Session for keeping Silverridge entertained with some amazing Irish music! Sláinte!





# Depression Alongside Dementia

Submitted by: Morgan Saunders,  
Gracewell Social Worker

According to Alzheimer’s Association, experts estimate that up to 40 percent of people with Alzheimer’s disease suffer from significant depression. At the beginning stages of Dementia people often face the reality that they cannot do what they used to do and struggle to remember things that were once very important to them like hobbies or family member’s names. Dementia and depression can look very similar and often go hand-in-hand. So how can you tell the difference?

Common symptoms between the both include apathy, loss of interest in activities and hobbies, isolation, social withdrawal, trouble concentrating, or impaired thinking. Depression related to Dementia does not always look like depression in people without Dementia. Because

of the changes in cognition, Depression with Dementia may be less severe, may not last as long, symptoms may come and go, and the person with Dementia may be less likely to express what they are feeling consistently or accurately.

The best way to determine if a loved one with Dementia is experiencing a period of depression is to have a medical evaluation completed. Their doctor will look at a review of their medical history, physical and mental examination, and complete interviews with family members who are familiar with their loved ones history. The National Institute of Mental Health established a formal set of guidelines for diagnosing the depression in people with Alzheimer’s that medical providers can use for most accurate diagnosis. As a caregiver, if you see signs of depression, discuss them with their primary doctor, as proper diagnosis and treatment can improve sense of well-being and function.

## DONATIONS

### EVENTIDE FOUNDATION

The Eventide Foundation is a non-profit, tax-exempt charitable corporation formed to collect gifts of money and assets to help off-set the expenses of caring for the elderly. Funds collected by the Foundation are used to supplement the increasing costs of personal care and to provide amenities to residents that would not otherwise be available. As you plan your estate and gift endowments, we ask that you consider a gift to the Eventide Foundation. A contribution to the Foundation allows us to provide a fuller quality of life to our residents. The Foundation needs your help to continue the work of the Eventide Campus and to ensure that each of the residents can live out their life without loss of dignity or respect. We sincerely appreciate all the gifts that have been designated to the Eventide Foundation! The following list reflects gifts received during the period of December 28, 2024 through March 19, 2025.

#### CHRISTMAS APPEAL

Kerry & Jill Kierscht | Norma Berens | Dan & Danyel Jepsen | Lanah Boeck | Jack Jessen  
**IN HONOR OF**  
Marlene Fredericks by Leroy Fredericks | Eleanor Breckling by Leroy Fredericks | Our Loved Ones by Jim & Marsha Lindstrom | Eldon Hardekopf by Elly Hardekopf

#### IN MEMORY OF

Marjorie Rowen by Kenneth & Barbara Chen

#### ENDOWMENT FUND

Applied Materials Foundation & Employees

#### STAFF PAYROLL DEDUCTION

Jackie Acosta | Bob Adams | Doreen Adams | Valerie Alcantar Uribe | Liz Alcazar | Adot Aruai | Rebecca Angulo | Mindi Baker | Tamara Baker | Mary Burhoop | Beyonce Carrasco | Mona Chajon | Connie Chavez | Jennifer Cisneros | Lynette Croghan | Analuisa Cruz-Nieto | Richard Cruz-Nieto | Andrea Ehlers | Connie Ellis | Maria Espinoza | Nadia Figueroa | Antonia Flores | Maria Flores | Abigail Friedrichsen | Ashley Fuentes | Karen Galindo | Lien Gandarilla | Lynette Gaskill | Catalina Gibbons | Blenda Gossage | Susana Guzman | Sara Hansen | Jamie Heffernan | Katie Hennings | Jenelle Higginbottom | Sarah Hillhouse | Michael Johnson | Steve Jorgensen | Kim Korwes | Christine Kragel | Suzette Kroll | Carol Lamaak | Vanessa Lara | Genesis Lopez | Lori Magnuson | Amy McManigal | Billie Mead | Kayla Neddermeyer | Roxie Neumann | Alejandra Nieto | Susana Nieto | Yuriana Nieto | Daniela Oropeza | Denny Pantoja | Yuderki Perez Diaz | Gracen Plagge | Katie Putnam | Carol Quail | Maggie Ragaller | Hania Ramos | Olga Ramos | Ashton Randeris | Amy Rasmussen | Emily Reiser | Keli Remmick | Carlos Salazar | Annette Sands | Pat Schechinger | Amy Schultz | Kris Schultz | Kiana Schulz | Kathy Segebart | Jolene Streck | Kathy Tech | Krystal Tervilleger | Tina Thompson | Kelsey Tippery | Flor Velasquez | Angeles Villegas | Yicel Vrieze | Kara Webb | BreeAnna Whitenack | Paige Whitenack | Nancy Woodard | Jennifer Woodbeck | Mary Yang

## GRACEWELL NURSING FACILITY

The following list reflects gifts received during the period December 28, 2024 through March 19, 2025.

Scooters Coffee, Denison | St. John’s Lutheran Church, Kiron

### THRIVENT CHOICE

By directing Choice Dollars through Thrivent Choice, eligible members recommend where Thrivent Financial distributes some of its charitable outreach grant dollars among participating non-profit organizations such as Eventide Senior Living Community. The following list reflects gifts received during the period of December 28, 2024 through March 19, 2025.

Donald Beerman | Holly Beerman | Amanda Bruhn | Jodi Bruhn | Kristy Grimm | Diane Schiltz | Lanah Boeck | Dean Bohlmann | Coleen Bruhn | Jeri Lynn Driscoll | Marilyn Yorum

### EVENTIDE FOUNDATION ENDOWMENT FUND

When you donate to a permanently endowed fund at a qualified community foundation, you are not only helping your neighbors today — you are building a stronger community tomorrow. And while that in itself is rewarding, with the Endow Iowa Tax Credit Program, you will also get back for giving. You will be eligible to receive a 25% tax credit for each donation, in addition to any federal tax benefits you may qualify for. Eligible gifts will qualify for credits on a first-come, first-served basis until the yearly appropriated limit is reached. Contact the Omaha Community Foundation at (800) 794-3458 for more information on how Endow Iowa is helping donors do good works within the community, forever. If you are interested in donating, please make checks payable to the Eventide Foundation Endowment Fund and send them to us at 114 S 20th Street, Denison, IA 51442 or to the Omaha Community Foundation at 1120 S 101st Street, Suite 320, Omaha, NE 68124.

*In publishing a list of so many names, it is possible that we may have misspelled, omitted or otherwise listed your name incorrectly. If so, please notify the Foundation office at (712) 263-3114, ext. 240 so that we can make the necessary corrections. Thank you.*

## Resident Rights

### Safe Environment

You have the right to a safe, clean, comfortable and homelike environment including:

- Clean bed and bath linens that are in good condition;
- Private closet space in each room;
- Adequate and comfortable lighting levels in all areas;
- Comfortable and safe temperature levels and
- Maintenance of comfortable sound levels

### Eventide Board of Directors

**Mark Gray**, President  
**Danyel Jepsen**, Vice President  
**Tonya Eller**, Secretary/Treasurer  
**Coleen Bruhn**   **Mark Spiegel**  
**Rachel Desy**

### Community Contacts

**Mindi Baker**, CEO  
**Amy Schultz**, Gracewell Administrator  
**Christine Kragel**, Community Relations & Foundation Director  
**Kara Webb, RN**, Silverridge Director of Assisted Living  
**Shannon Cose**, Heritage Heights and Real-life Resident Services Manager

### Facilities

Gracewell: 712-263-3114      Heritage Heights: 712-263-6631  
Realife Cooperative: 712-263-8169      Silverridge Assited Living: 712-263-2639

## NON-DISCRIMINATION STATEMENT

Eventide is an equal opportunity provider and employer. Eventide complies with applicable Federal civil rights laws and does not discriminate on the bases of race, color, religion, sex, national origin, marital status, age, or physical or mental handicap. Eventide provide free aids and services to people with disabilities to communicate effectively. Eventide provides free language services to those who primary language in not English. If you need assistance with any of these services, please contact Eventide Leadership.

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov). For further questions, please reach out to CEO Mindi Baker at 712.263-3114.

## From the Staff...

The employees on the Eventide Campus are here to assist our residents, tenants and their families in any way possible. If you have questions or concerns, please do not hesitate to reach out. We are always looking for ways to improve the delivery of our services and programs. Your input will only help us succeed in delivering quality care. Thank you for your continued support!



Eventide A Senior Living Community

Find us on Instagram: [eventidedenison](#)

Keep updated on Campus activities and events  
by visiting our webpage,  
[www.eventidehome.com](http://www.eventidehome.com).