Eventide Senior Living Community

114 South 20th Street Denison, Iowa 51442 (712) 263-3114

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Eventide Events

Published for the residents, families, friends and employees of the Eventide Community.

Welcome

Thank you for choosing the Eventide Campus to be your home!

Gracewell:

Jeannetta Knief Laura Langholdt Berniece Segebart

Silveridge Assisted Living:

Norma Berens Lisa Meyer Doc & Gloria Schmidt

Realife Cooperative: Neal Carstens

Graduates

Our graduates were on the Eventide campus for a short stay for rehabilitation. It was a pleasure to serve you!

Gracewell:

Marlene Bergstadt Neal Carstens Janice Demey Mary Koenig Richard Saunders Betty Thomson

In Memoriam

Our thoughts and prayers remain with the families and friends of those who have made their final journey.

Gracewell:

Chrissy Christensen Ronald Nollen Bernice Rogers Violet Schroeder Marion Thomas

Silveridge

Clara Bohlmann Norman Christiansen

Heritage Heights: David Mohler

Gracewell Receives Governor's Award









Each year, the Iowa Department of Inspections and Appeals recognizes health care communities that demonstrate the highest quality of care and commitment to residents. This year, Gracewell was chosen to receive the Governor's Award for Quality of Care, a distinguished honor for top Iowa facilities!

Thousands of Iowans receive compassionate care, but too often, these facilities, their staff, and the quality services they provide go unnoticed by the general public. The Governor's Award for Quality of Care was designed to recognize facilities that offer unique or innovative activities to enhance the quality of life for their residents, and celebrate those who have dedicated their careers to helping others.

"Receiving this award at this time is a remarkable achievement, especially in light of all that health care providers have faced in the past three years. Gracewell Nursing Facility has been a long-standing leader of long-term care in our state, and very much deserving of this honor," said Brent Willett, President and CEO of Iowa Health Care Association.

Governor Kim Reynolds presented the award to Gracewell on June 8, 2023. Speakers at the celebration included CEO Mindi Baker, Administrator Amy Schultz, Mayor Pam Soseman, DIA Director Larry Johnson, and Governor Kim Reynolds. "Nominations for this award are submitted by facility residents and their family members, making it an especially meaningful honor," said Governor Reynolds. "This award is a testament to the high quality of care the Gracewell staff deliver every day and their commitment to serving their

residents with dignity and respect."

In total, Gracewell was nominated by 12 different residents or family members! According to Resident Loretta Andersen, she is in better shape now, than when she arrived at Gracewell. Resident Helen Siemer nominated Gracewell, "because it's more like home to me than any other place." Many of the residents and families who submitted nominations were present at the celebration.

Receiving this award has given us an opportunity for reflection. Our greatest reward has been hearing directly from the residents and families that our hard work is making a difference in their lives. "I often describe working in our field as it relates to the old Peace Corp slogan, it's the toughest job you'll ever love," said Baker, "Those are some strong words, but yet so true."

This award was made possible because our greatest asset - our team. On so many occasions they put the needs of others before their own. It is thanks to them, that we are able to continue doing what we love. "The staff at Gracewell reflect the best of Iowa," DIA Director Larry Johnson, Jr., said, "They work hard and treat the residents at the facility as they would their own family. This is truly a special place."

We owe many thanks to those we serve and to our community for believing in our mission, vision and values for the past 60 years. We will hold on to this acknowledgement dearly, and will continue to lead by example by striving to exceed the expectations of our residents, families and employees.

Golf Tournament Registration Open Now

Join us for the annual Eventide Foundation Golf Fundraiser on Friday, August 4th, located at the Schleswig Golf Course. This will be a four-person best ball tournament. Registration is now open for those who would like to participate. Please call Christine Kragel at (712) 263-3114, ext. 240 to reserve a spot for your team, or for more information, scan the QR code! Other ways to support the event include sponsorships and donations of prizes or food items. We look forward to another great evening on the course!



Eventide Campus Staff News

by Human Resource Coordinator,
Pat Schechinger

ANNIVERSARIES

"Congratulations" to the following Eventide Campus Staff for working one year or more:

JULY:

Yuriana Nieto, Registered Nurse, 5 years
Emily Reiser, Licensed Practical Nurse, 2 years
Deb Martin, Housekeeper, 42 years
Autumn Chapman, Licensed Practical Nurse, 1 year
Tamara Baker, Activity Coordinator, 9 years
Carolyn Coe Bruck, Dietary Manager, 1 year
Lynette Gaskill, Staffing &
Medical Records Coordinator, 2 years
Robin Schiltz, Activity Director, 20 years

AUGUST:
Brooke French, Assistant Director of Nursing,

6 years Jennifer Woodbeck, Dietary Assistant, 1 year Mary Burhoop, RN, 33 years

Ramona Chajon, Certified Nursing Assistant, 2 years Michelle Schulte, Licensed Practical Nurse, 29 years Kaya Auen, Certified Nursing Assistant, 1 year Kelsey Schiltz, Certified Nursing Assistant, 1 year Edgar Candelario, Certified Nursing Assistant, 1 year

Elizabeth Canedlario, Certified Nursing Assistant, 1 year

Oralia Moreno, Certified Nursing Assistant, 3 years Andrea Ehlers, Front Desk Receptionist, 1 year Madison Nagle, Certified Nursing Assistant, 2 years Kayla Neddermeyer, Certified Nursing Assistant, 1 year

Rafael Rodriguez, Certified Nursing Assistant, 1 year

SEPTEMBER:

Morgan Saunders, Social Worker, 3 years Christi Saucedo, Tenant Companion, 3 years Kathy Segebart, Certified Nursing Assistant, 1 year Amy Schultz, Gracewell Administrator, 16 years Iris Amezcua Velasquez, Certified Nursing Assistant, 3 years

Lynette Croghan, Social Services Assistant, 28 years Adrian Velazquez, Certified Nursing Assistant, 2 years

Suzette Kroll, Housekeeper, 21 years Tina Thompson, Business Office Manager, 5 years Antonio Flores, Certified Nursing Assistant, 6 years

Kris Schultz, Payroll Coordinator, 11 years Breanna Whitenack, Certified Nursing Assistant, 1 year

Paige Whitenack, Certified Nursing Assistant, 1 year Steve Jorgensen, Maintenance Assistant, 2 years Amy McManigal, Tenant Companion, 3 years

NEW STAFF

We welcome the following new staff members to the Gracewell Nursing Home: Nursing Department:

Jackie Acosta, Licensed Practical Nurse Tracie Bergman, Licensed Practical Nurse Ashley Perez, Certified Nurse Assistant Faith Rosburg, Licensed Practical Nurse Cheyenne Vang, Domestic Aide

We welcome the following new staff members to the Silveridge Assisted Living: Nursing Department:

Cathy Gibbons, Medication Manager Jessica Norgart, Medication Manager Tanesha Vicente, Medication Manager

STAFF ACCOMPLISHMENTS



The Eventide Campus had a handful of graduations to celebrate this spring! Congratulations to Kelsey Schiltz on her recent graduation from the LPN program at Western Iowa Tech! Congratulations to Liz Alcazar, Kaya Auen, Sofia Guzman, Kayla Neddermeyer, Stephanie Rodriguez and Adrian Velasquez on their High School Graduation from Denison Community Schools!

Resource Reminder - Alzheimer's Caregiver Support Group

As our community's trusted dementia care provider, Gracewell provides education and support for those families dealing with dementia. We acknowledge that caring for your loved ones with Alzheimer's can be hard and we want you to know, you are not alone. This group will support each other by exchanging practical information and solutions, and encouraging each other while working through the emotions and struggles of caregiving. If you or someone you know could benefit from this, we invite you to attend our Alzheimer's Support Group to connect with other caregivers. The Alzheimer's support group is held on the first Tuesday of each month at 1:30pm, located in the Gracewell Conference Room, 114 South 20th Street in Denison. All are welcome to attend this support group. Upcoming Support Group Meetings: July 11th at 1:30pm, August 1st at 1:30pm, September 5th at 1:30

Eventide Community is Dementia Friendly

Recently Morgan Saunders, Social Worker at Gracewell, went through training to obtain Dementia Friendly certification for the Eventide campus. So what does that mean? In short, Morgan will be able to provide training and guidance to the community that want more information about the Dementia disease and advice on how to help those living with Dementia. The one-hour training goes over the basics of dementia such as what dementia is, what it is like to live with the disease, and some tips for communicating with people who have dementia. The first scheduled training is July 13th at 3pm at the Crawford County Memorial Hospital Caregiver Support Group Meeting. Please feel free to reach out to Morgan at 712-263-3114, ext. 238 with any questions or suggestions.

Below are some tips to help with communicating with those who have Dementia provided by the Dementia Friendly Iowa Resource Guide:

- Be aware of your feelings. Your tone of voice or other non-verbals may communicate your attitude and agitate your loved one.
- Avoid correcting or criticizing. Connect instead; their reality is real to them, and we need to step into their world.
- **Be patient.** Simplify your sentences and leave time for their response
- Offer a guess. If they're having trouble with a word, offer a guess.
- Avoid quizzing. Try not to ask "remember when?" or put the person on the spot.
 - Be specific. Avoid vague statements.
- Turn negatives into positives. Instead of saying no, offer a different option.
- Learn triggers for behaviors. Aggression can be a sign of an underlying trigger such as fear, hunger, boredom, fatigue, etc.





Silveridge tenants Lorraine, Janice, and Gwen, along with others spruced up the patio earlier this spring by planting flowers in their raised garden beds!

Hello Friends!

Submitted by Robin Schiltz, Gracewell Activity Director

As many of you know, my passion has always been learning about and working with people who have Alzheimer's disease. I have been on various committees and currently am the Captain of our Walk to End Alzheimer's team, Team Eventide.

I have been a member of the National Association of Activity Professionals (NAAP) since 2016, and have been President of the Iowa Association of Activity Professionals (IAAP) since 2018. This has allowed me the opportunity to travel to National Conferences in Colorado, South Carolina, Pennsylvania, and recently to Reno, Nevada.

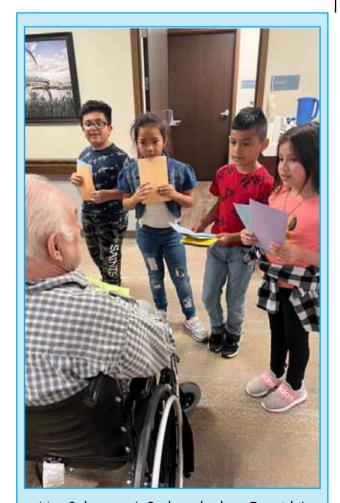
These conferences have allowed me to network with Activity Professionals from all over the country, and also New Zealand. We all have one thing in common: wanting to do our very best for our seniors, and especially for those living with dementia.

Let's talk about the conference held this Spring in Reno. Because of the IAAP financial situation since the COVID pandemic, they could not afford to fund my participation at the National Conference. I applied for and received a scholarship through the NAAP! Additionally, because Gracewell's leadership team and the Board of Directors believe strongly in education, Gracewell funded the remaining cost of the trip. Thank you to both so very much!

Some of the topics included; psycho-social needs & trauma informed care, difficult conversations, life safety and everything activities, and memory care programming. One of the highlights of the conference is a silent auction! Every state brings a basket to bid on, and the money earned goes back into the scholarship funds. I was very fortunate to win a training course through the International Council of Certified Dementia Practitioners. I have completed the course and testing, and am now a certified Montessori Dementia Care Provider!

I would love to encourage you to help support the Alzheimer's Association. There are so many ways to do this, but the easiest way is to join or donate to Team Eventide for the Walk to End Alzheimer's. If you would like to join our team, you can go to act.alz.org and search for the 2023 Walk to End Alzheimer's-Harlan IA. You can also simply call me at 712-263-3114, ext. 239, and I will gladly help you! The 2023 Walk to End Alzheimer's will be in Harlan on Saturday, September 16th at Pioneer Park, 1511 Willow Street. Registration begins at 9:00 am, ceremony begins at 10:00 am, and the walk will begin at 10:15am. Team Eventide will soon begin fundraisers to support the cause.

Thank you for all you do for us! Your kindness never goes unnoticed, and it is much appreciated! Have a great summer!



Mrs. Salmonson's 2nd grade class, Eventide's Community Business Partner, delivered cards & conversation to spread kindness during Nursing Home Week!

Fate Brings Cousins Back Together at Silveridge





When moving to a new home, one is always hopeful to see a familiar face or get to know new neighbors. For Delores Ahrenholtz and Marilyn Neddermeyer, this was no different when life's path led each of them to Silveridge Assisted Living. Little did they know, it would lead them back to each other.

Delores and Marilyn both grew up in the Ricketts area. Delores, born in 1930, and Marilyn not too far behind in 1932 spent much of their memorable childhood together, their mothers being sisters, even sharing the roles of flower girls in Marilyn's older sister's wedding. Their families would gather often, and the girls would each spend an entire week at each other's homes every summer. Delores and Marilyn recall how their homes were very different, specifically one having electricity and the other not until 1942, yet they each enjoyed the others equally.

Their family's trades brought them to the town of Ricketts every Saturday where they would sell their eggs and cream and get gasoline for the family car. The girls would walk the town streets to see friends and routinely stop for ice cream bars at Moltman's. Delores recalls smiling, "If you happened to be lucky enough to end up with the pink ice cream bar, the second one was free." They would also catch an occasional outdoor movie or stop at the town café. They were simple times, but happy times.

Delores attended school at the Morgan Township #4, eventually graduating from Charter Oak High School with the class of 1948. Marilyn attended school with the Soldier Township

#3, followed by parochial school, and ultimately finished her education in Schleswig after her family moved graduating with the class of 1950.

The cousins remained friends throughout their adult years, eventually marrying and having families of their own. The ladies share there for each other through the good times and the harder times, making efforts to still get together for the occasional gathering or friendly game of Euchre.

As the years passed and their children grew and had children of their own, life created space between the cousins as it often does. The time periods between reconnecting grew with each passing year. That is until their own separate journeys eventually led each of them to Silveridge Assisted Living, neither realizing their paths would cross. Much to their surprise, fate would have them moving in directly across the hall from each other, reuniting them after all this time. "Who would have thought after all these years that we'd be right next door to each other?" Marilyn warmly questions. We all can't help but agree.

Nowadays their time is often spent revisiting their lifetime of memories, making new ones with new friends, and of course still sharing an occasional ice cream bar. For me as the writer and person who is privileged enough to listen to and share their story and others like it, I can't help but look at these two photos separated by 85 years of life and be so thankful their journeys led them both to Silveridge and back to each other.



Heritage Heights tenants enjoyed a luau on their patio to celebrate Older American's Month. It was a perfect summer day to enjoy great company and delicious food!

Apartments Available at Heritage Heights

We currently have studio & one bedroom apartments available at Heritage Heights Senior Living Community. At Heritage Heights, a rent subsidy program is available through the Department of Housing and Urban Development (HUD). For those individuals whose income qualifies, you will pay no more than 30% of your annual adjusted income. All utilities are paid except telephone, cable television and internet. Prospective tenants must be 62 years of age or older or disabled. Prospective tenants must also meet federal HUD established income limit guidelines. Annual income limit effective

for 2023 for one person is \$29,400 and two people is \$33,600.

Heritage Heights offers fully equipped kitchens, on-site laundry, pet friendly, optional daily meals for a low fee, every other week shopping trips with transportation provided, 24 hour emergency response system, on site postal center, property manager & 24 hour maintenance on call. There is so much more to tell you. Give Shannon Cose, Resident Services Manager, a call at (712) 263-6631 for more information or to set up a tour



DONATIONS

EVENTIDE FOUNDATION

The Eventide Foundation is a non-profit, tax-exempt charitable corporation formed to collect gifts of money and assets to help off-set the expenses of caring for the elderly. Funds collected by the Foundation are used to supplement the increasing costs of personal care and to provide amenities to residents that would not otherwise be available. As you plan your estate and gift endowments, we ask that you consider a gift to the Eventide Foundation. A contribution to the Foundation allows us to provide a fuller quality of life to our residents. The Foundation needs your help to continue the work of the Eventide Campus and to ensure that each of the residents can live out their life without loss of dignity or respect. We sincerely appreciated all the gifts that have been designated to the Eventide Foundation! The following list reflects gifts received during the period of March 21, 2023 through June 25, 2023.

<u>MEMORIALS</u>

In memory of Jeanne Hoffman by Hoffman Family | In memory of Norman Christiansen by Troy & Mindi Baker | In memory of Judie Clausen by Bruce & Cynthia Paulsen

SPRING APPEAL

Kari & Ryan Segebart | Lois Greder | Bruce & Cindi Paulsen | Zion Lutheran Ladies Aid, Denison | Dorothy Enslen | Dan Baer | Jodi Bruhn | Adam & Christine Kragel | Ryamond Franck | In memory of Harold & UnaBell Frehse by Tim & Candy Stuart | In memory of Phil Ketelsen by Jolene Ketelsen | In honor of Julie McGutcheon by Verle & Linda McGutcheon | In honor of Bud Barnes by Del & Jean Warren | In honor of Ruth Frazier by Del & Jean Warren | In honor of Ruth Frazier by Del & Jean Warren | In honor of Leon & Millie Neubauer by Tim & Lila Bubke | In honor of Ronald 'Chrissy' Christensen by Barbara Waller | In honor of Chris & Mary Neppl by Janice T Neppl | In honor of Ruth Moen by Gladys Ahart | In honor of Melvin Baker by Jeanine E Baker | In honor of Paul & Ruby Jahn by Ken & Gloria Splittgerber | In honor of Kenny & Helen Hinze by Ken & Gloria Splittgerber | In honor of Deb Walde Garber by Ken & Gloria Splittgerber | In honor of Brownie & Vernet Larson by Jeri Kolpin | In honor of Marion Thomas by Peggy Cozad | In honor of Marcelene Vogt by Rebecca & Ralph Dorale | In honor of Otto D Goslar by Geraldine Goslar | In honor of Jean Ohl by Bob & Shelley Starman | In honor of Mary Neppl by Clara Neppl | In honor of Larry Carstensen by Darlene Carstensen | In honor of Bud Obrecht by Howard & Linda Henningsen | In honor of Rudolph & Caroline Christensen by Richard & Hilda Frank | In honor of Virgil & Lois Frank by Richard & Hilda Frank | In honor of Virgil & Lois Frank by Richard & Hilda Frank | In honor of Henry & Adeline Jaacks | Nary Bruhn | In honor of Betty Lilleholm by Lonny & Dorothy Popp | In honor of Opal Gaskill by Lynn & Myrna Gaskill

STAFF PAYROLL DEDUCTION:

Bob Adams | Doreen Adams | Paige Andersen | Liz Alcazar | Joslin Arriaza | Rebecca Angulo | Kaya Auen | Mindi Baker | Tamara Baker | Carolyn Coe Bruck | Mary Burhoop | Deb Burk | Elizabeth Candelario | Mona Chajon | Autumn Chapman | Connie Chavez | Jennifer Cisneros | Lynette Croghan | Analuisa Cruz-Nieto | Juan Diaz | Andrea Ehlers | Connie Ellis | Antonia Flores | Maria Flores | Brooke French | Abigail Friedrichsen | Lynette Gaskill | Blenda Gossage | Sara Hansen | Jenelle Higginbottom | Sarah Hillhouse | Deb Huisinga | David Hulsebus | Michael Johnson | Steve Jorgensen | Kim Korwes | Christine Kragel | Carol Lamaak | Isaac Leinen | Lori Magnuson | Amy McManigal | Billie Mead | Maddy Nagle | Kayla Neddermeyer | Roxie Neumann | Susana Nieto | Yuriana Nieto | Daniela Oropeza | Carol Quail | Olga Ramos | Amy Rasmussen | Emily Reiser | Keli Remmick | Rafael Rodriguez | Stephanie Rodriguez | Helena Ryan | Carlos Salazar | Pat Schechinger | Kelsey Schiltz | Robin Schiltz | Amy Schultz | Kris Schultz | Kathy Segebart | Kathy Tech | Krystal Terwilleger | Tina Thompson | Kelsey Tippery | Adrian Velasquez | Ana Velasquez | Angeles Villegas | Kara Webb | BreeAnna Whitenack | Paige Whitenack | Valarie Wonder | Narcisa Woodard | Jennifer Woodbeck

GRACEWELL NURSING FACILITY

The following list reflects gifts received during the period of March 21, 2023 through June 25, 2023.

Ruth Frazier Family

THRIVENT CHOICE

By directing Choice Dollars through Thrivent Choice, eligible members recommend where Thrivent Financial distributes some of its charitable outreach grant dollars among participating non-profit organizations such as Eventide Senior Living Community. The following list reflects gifts received during the period of March 21, 2023 through June 25, 2023.

Craig Dozark | Roger Rothe

EVENTIDE FOUNDATION ENDOWMENT FUND

When you donate to a permanently endowed fund at a qualified community foundation, you are not only helping your neighbors today — you are building a stronger community tomorrow. And while that in itself is rewarding, with the Endow lowa Tax Credit Program, you will also get back for giving. You will be eligible to receive a 25% tax credit for each donation, in addition to any federal tax benefits you may qualify for. Contact the Omaha Community Foundation at (800) 794-3458 for more information on how Endow lowa is helping donors do good works within the community, forever. If you are interested in donating, please make checks payable to the Eventide Foundation Endowment Fund and send them to The Omaha Community Foundation at 1120 S 101st Street, Suite 320, Omaha, NE 68124.

In publishing a list of so many names, it is possible that we may have misspelled, omitted or otherwise listed your name incorrectly. If so, please notify the Foundation office at (712) 263-3114, ext. 240 so that we can make the necessary corrections. Thank you.







The ladies of Gracewell were happy to host the annual Spring Fling and spend a day with their favorite women!

Annual Meeting Save the Date

The Board of Directors of Eventide Lutheran Home will hold its Annual Meeting on Monday, August 21, 2023 at Gracewell Nursing Facility. The membership to Eventide is limited to any Missouri Synod Lutheran Church in the State of Iowa and the Chamber & Development Council of Crawford County. Each member elects two delegates from their respective organization who is designated to act for or represent their organization. Please take some time to update and/or appoint delegates for your organization.

Resident Rights

Self-Determination (cont): The resident has the right to and the facility must promote and facilitate resident self-determination through support of resident choice, including but not limited to:

e. The resident has a right to organize and participate in resident groups in the facility.

i. The facility must provide a resident or family group, if one exists, with a private space; and take reasonable steps, with the approval of the group, to make residents and family members aware of upcoming meetings in a timely manner.

ii Staff, visitors, or other guests may attend resident group or family group meetings only at the respective group's invitation.

iii The facility must provide a designated staff person who is approved by the resident or family group and the facility and who is responsible for helping and responding to written requests that result from group meetings.

Eventide Board of Directors

Mark Gray, President
Danyel Jepsen, Vice President
Tonya Eller, Secretary/Treasurer
Coleen Bruhn Mark Spiegel
Deryl Hennings Rachel Desy

Community Contacts Mindi Baker, CEO

Mindi Baker, CEO

Amy Schultz, Gracewell Administrator
Christine Kragel, Community Relations &
Foundation Director
Kara Webb, RN, Silveridge Director of Assisted Living
Shannon Cose, Heritage Heights and Realife Resident Services Manager

Facilities

Gracewell: 712-263-3114 Realife Cooperative: 712-263-8169 Heritage Heights: 712-263-6631 Silveridge Assited Living: 712-263-2639

NON-DISCRIMINATION STATEMENT

Eventide is an equal opportunity provider and employer. Eventide complies with applicable Federal civil rights laws and does not discriminate on the bases of race, color, religion, sex, national origin, marital status, age, or physical or mental handicap. Eventide provide free aids and services to people with disabilities to communicate effectively. Eventide provides free language services to those who primary language in not English. If you need assistance with any of these services, please contact Eventide Leadership.

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. For further questions, please CEO Mindi Baker at 712.263-3114.

From the Staff...

The employees on the Eventide Campus are here to assist our residents, tenants and their families in any way possible. If you have questions or concerns, please do not hesitate to reach out. We are always looking for ways to improve the delivery of our services and programs. Your input will only help us succeed in delivering quality care. Thank you for your continued support!



Eventide A Senior Living Community

Find us on Instagram: eventidedenison

Keep updated on Campus activities and events by visiting our webpage, www.eventidehome.com.