



Vol. 25 No. 4

October | November | December 2020

Eventide Events

Published for the residents, families, friends and employees of the Eventide Community.

Welcome

Thank you for choosing the Eventide Campus to be your home!

Eventide:

Christine Adkins
Genevieve Ballantine
Edwin Fredricks
Luella Henschen
Donna Massman
Arlene Nemitz
Elaine Staley

Silveridge:

Janice Gierstorf

Heritage Heights:

Marlo Henningsen

Graduates

Our graduates were on the Eventide campus for a short stay and have returned home. It was a pleasure to serve you!

Eventide:

Carmen Beerman
Norma Berens
Jim Christensen

In Memoriam

Our thoughts and prayers remain with the families and friends of those who have made their final journey.

Eventide:

Ardeth Cose
Linda Feller
Arlene Fink
Gordon Larson
Loren Nelson
Eleanor Schwenn
Ramona Ullrich
Earl Olsen
Dee Gustafson

Heritage Heights:

Larry Alexander

From the Desk of the CEO

On September 24th, Eventide celebrated a milestone for Eventide Campus and the community in which we serve, as we broke ground on a \$18.5 million expansion. Eventide has been part of this community for over 57 years and we are gearing up to show senior care organizations the way forward. We have engaged in our next and perhaps greatest challenge ever: to transform the way long term care services are delivered and to change the concept of a 'nursing home' forever.

A special ceremony was held featuring individuals who played an integral role in moving the project forward. In addition to myself, speakers included, Eventide Board President Mark Gray, Eventide Foundation Board President Jim Lohman, Eventide Community Relations and Foundation Director Christine Kragel, Eventide Administrator Amy Schultz, and Campaign Committee Member Pastor David Loeschen.

Years of work made way for the groundbreaking. The landscape of the grounds are changing dramatically as nearly 80k cubic yards of dirt will be removed from the site to provide a level ground - allowing for useful outdoor space our residents desire. The exterior will bring a residential feel that blends in with the neighborhood. The focus on designing this facility revolved around a cost effective and efficient approach, yet spacious and beautifully designed. When completed, the 67,000 square foot facility will be the home to 84 residents.

Mark Gray and Jim Lohman spoke on the history of Eventide and the Eventide

Foundation. Christine Kragel expressed gratitude to all those involved in the Grow Bold With Us Campaign. "I want to thank the campus employees who financially supported the campaign. You give your whole heart to Eventide already, so thank you for reaching even further. I want to thank our donors. If you are in this crowd, you had a major role in getting us here today and through the completion of this build. Over the past few years we have gotten to know many of you. Your stories have truly touched us. You have inspired us to keep thinking and acting boldly. You have made us laugh, and even cry. Over the years Eventide has been able to touch the lives of many and you do the same in return for us."

I would also like to acknowledge a few individuals that played a vital role along this journey.

- Eventide Board of Directors: Mark Gray, Danyel Jepsen, Tonya Eller, Deryl Hennings, Mark Spiegel, Coleen Bruhn, and Brad Bonner.
- Eventide Foundation Board of Directors: Jim Lohman, Scott Brus, Tonya Eller, Norma Petersen, and Larry Boeck.
- The Campaign Committee: Kris Rowedder, Pam Soseman, Pastor David Loeschen, Jill Kierscht, Rick Franck, Mark Gray, Tonya Eller, Scott Brus, Jan Henningsen, Doug Lockin, Kara Webb, Robin Schiltz, Amy Schultz, Christine Kragel and Deb Aldag.
- Mr. Nix Lauridsen and Family
- Community Living Solutions: Tom Lemkuil and Tom Martin
- Williams and Company: CPAs Dave Raedke and Alex Keller

- USDA: Tyler Koopman
- First National Bank of Omaha & Crawford County Trust & Savings Bank
- Lueder Construction of Omaha: Josh Sullivan and DJ Thomas

Our appreciation does not stop there. To our donors, we just simply cannot thank you enough. Thank you for listening to our vision and also sharing your stories of how Eventide made a lasting impact in your family's life. We take pride in our non-profit difference, and we would not be where we are today without charitable giving.

Finally, the Eventide Campus Team. A heartfelt thank you is not enough for how proud I am of your dedication in making sure the most important aspect of this whole journey was completed, and that is passionately taking care of the residents, tenants, and each other.

Our mission continues to be at the forefront of each decision we make. Eventide will boldly move forward by keeping faith in our past while positioning us for a prevailing future. Construction of the nursing facility is projected to be completed by December of 2021. We are excited to witness the progress over the next year as our vision becomes a reality. Thank you for all your words of encouragement, financial support, and taking action in allowing Eventide to fulfill its mission.

To learn more about the building projects, visit www.eventidehome.com/grow-bold-with-us. Individuals interested in contributing to the Grow Bold With Us capital campaign are welcome to reach out to, Christine Kragel at (712) 263-3114, ext. 240.



Eventide Staff News

by Human Resource Coordinator,
Pat Schechinger

ANNIVERSARIES “Congratulations” to the following Eventide Campus Staff for working one year or more:

OCTOBER:

Carlos Salazar, Dietary Assistant, 2 years
 Rebecca Angulo, Extra Eyes, 14 years
 David Hulsebus, Dietary Assistant, 3 years
 Karrie Kropf, Certified Nursing Assistant, 9 years
 Pat Schechinger, Human Resource Coordinator, 3 years
 Ethan Muck, Certified Nursing Assistant, 2 years
 Shannon Cose, Realife Cooperative & Heritage Heights Resident Services Manager, 1 year
 Mayrovis Prieto, Housekeeper, 1 year
 Sara Hansen, Community Support Registered Nurse, 2 years
 Hawa Sesay, Licensed Practical Nurse, 6 years
 Tasha Fink, Medical Records Secretary, 5 years

NOVEMBER:

Amber Perry, Certified Nursing Assistant, 4 years
 Maria Flores, Licensed Practical Nurse, 16 years
 Anna Boettger, Certified Nursing Assistant, 2 years
 Susie Chieng, Certified Nursing Assistant, 1 year
 Jackie Acosta, Certified Nursing Assistant, 2 years
 Yuridia Montalvo, Licensed Practical Nurse, 4 years

DECEMBER:

Amy Rasmussen, Registered Nurse, 15 years
 Robyn Wilson, Certified Nursing Assistant, 6 years
 Kelsey Hotze, Certified Nursing Assistant, 5 years
 Abigail Friedrichsen, Tenant Companion, 1 year
 Deb Huisinga, Certified Nursing Assistant, 33 years
 Deb Burk, Medical Records Coordinator, 33 years
 Joan Cornelius, Housekeeper, 1 year



Help us Welcome new Social Worker, Morgan!

Hello, my name is Morgan Saunders. I'm originally from Springfield, Nebraska, but I now live on a farm near Manilla with my husband (Scott) and our 1 year old daughter (Millie). My interests include sewing, re-doing furniture, junking, Thirty One bags, working cattle with my husband, binging shows, and decorating. My career experience has been with adults and children with disabilities, but my passion has always been working with the elderly. I'm really excited to be here and can't wait to get to know everyone.

NEW STAFF

We welcome the following new staff members.

We welcome the following new staff members to Eventide Nursing Home:

NURSING DEPARTMENT:

Iris Amezcua, Domestic Aide
 Calliyah Mareau, Certified Nursing Assistant
 Oralía Moreno Torres, Certified Nursing Assistant

Brittney Salazar, Certified Nursing Assistant

ADMINISTRATION:

Morgan Saunders, Social Worker

We welcome the following new staff members to Silveridge Assisted Living:

NURSING DEPARTMENT:

Liz Christensen, Tenant Companion
 Christi Saucedo, Tenant Companion
 Sarah Warmbier, Licensed Practical Nurse



Rick Powell & Mike Franklin Entertain Outdoors

Although entertainment looks a little different these days, we knew the Eventide Residents couldn't go without their favorite performers for much longer!



Medicare Open Enrollment for 2021

Medicare open enrollment – also known as Medicare's annual election period – runs from October 15 through December 7 each year. During this annual window, Medicare plan enrollees can reevaluate their coverage – whether it's Original Medicare with supplemental drug coverage, or Medicare Advantage – and make changes or purchase new policies if they want to do so.

During the Medicare open enrollment period, you can:

- Switch from Original Medicare to Medicare Advantage (as long as you're enrolled in both Medicare Part A and Part B, and you live in the Medicare Advantage plan's service area).

- Switch from Medicare Advantage to Original Medicare (plus a Medicare Part D plan, and possibly a Medigap plan).

- Switch from one Medicare Advantage plan to another.

- Switch from one Medicare Part D prescription drug plan to another.

- Enroll in a Medicare Part D plan if you didn't enroll when you were first eligible for Medicare. If you haven't maintained other creditable coverage, a late-enrollment penalty may apply.

Prior to 2021, patients with end-stage renal disease were unable to enroll in Medicare Advantage plans unless there was a Medicare Special Needs plan available in their area for ESRD

patients. But that is changing for 2021, under the terms of the 21st Century Cures Act. People with ESRD have the option to enroll in Medicare Advantage for 2021, and CMS expects more than 40,000 to do so. This could be particularly advantageous for beneficiaries with ESRD who are under age 65 and living in states that don't guarantee access to Medigap plans for people under the age of 65.

For those in the nursing home utilizing therapy, our experience shows advantage plans may not provide as good of coverage as original Medicare. For assistance, please call 712.265.2509 to talk to the local SHIIP (Seniors' Health Insurance Information Program) Counselor.

Eventide Awarded Grant for Communicative Technology



Earlier this spring guidance from the Department of Human Services directed nursing homes to significantly restrict visitors and nonessential personnel to protect nursing home residents. Recognizing that visitor restrictions may be difficult for residents and families, the Centers for Medicare and Medicaid Services (CMS) offered the use of Civil Money Penalty (CMP) Reinvestment funds to provide residents with adaptive communicative technologies.

Eventide applied, and has been approved for the COVID-19 Communicative Technology Grant. Receiving such funds allowed the purchase of seven iPads and the accessories needed for each. "Technology has often been a focus

for our team members, but this particular grant allowed us to focus on the residents and their needs," said Christine Kragel, Eventide's unofficial 'technology guru'. "The health and well-being of the residents is our main focus, and we realize mental health is a big part of that. From the very beginning we wanted to do all that we could to keep the residents connected with their loved ones."

Since implementing this new technology, Eventide has been able to more effectively schedule facetime and skype sessions with family members, and even medical appointments via telehealth. This grant has allowed us to better serve the residents and improve their quality of life.

Hello Friends!

Submitted by Robin Schiltz,
Eventide Activity Director

A little humor for your day! How about that new vocabulary we have learned, in 2020? Yes, Covid-19 has taught us phrases like social distancing, groups of 10 or less, PPE (which for people who don't work in healthcare means Personal Protective Equipment), self-isolation, CMS Guidelines, and so many more!

Here at Eventide, these phrases are more than just new vocabulary, they are part of our daily life! When you take 'activities' away from an Activity Team, life becomes a little more challenging! I am very blessed to have a super team who are willing to do what it takes to meet the Covid challenge head on! We have done a variety of colorful, decorated carts with themed snacks, played games in doorways/hallways and provided singalongs, read devotions and Bible scripture, exercised both in doorways and in small groups, taken strolls outdoors to check on progress of the dirt work, and anything else we could do to promote quality of life for our elders.

I want to share the #ActivitiesStrong Manifesto that hangs on the door of my office. We use this as our reminder of why we do what we do every day. It was provided by the National Association of Activity Professionals.

#ACTIVITIESSTRONG MANIFESTO:

WE BELIEVE a person is a person no matter their age

We believe life is more than just meeting an older adult's needs

We believe life is always wild and precious.

WE KNOW not all those who wander are lost

We know memories are made by moments more than calendars

We know we should put our oxygen mask on first, but don't always do that

WE ARE not measured by the size of our strength, but by the strength of our heart

We are the loving and touching of the family's hand despite distances and walls

We are the how to their why

WE ARE ESSENTIAL

We are #ACTIVITIESSTRONG!



Pumpkin Crisp



INGREDIENTS

Crisp Mixture

- 2 cups quick-cooking oats
- 2 cups all-purpose flour
- 1 cup packed brown sugar
- 1/2 teaspoon baking powder
- 1/2 teaspoon baking soda
- 2 teaspoons pumpkin pie spice
- 1 cup butter, cubed while cold

Pumpkin Mixture

- 3 eggs
- 1 cup granulated sugar
- 1 can pumpkin purée
- 2/3 cup heavy cream
- 2 teaspoons pumpkin pie spice
- 1 teaspoon pure vanilla extract
- 1/2 teaspoon kosher salt

INSTRUCTIONS

1. Preheat oven to 375°

CRISP MIXTURE

1. Grease a 12inch or 9x13 pan with cooking spray or butter.
2. Combine the oats, flour, brown sugar, baking powder, baking soda, and pumpkin spice together. Add in the cubed butter and use your hands to combine. You want the butter to be pea-sized and coated entirely.
3. Spread 4 cups over the bottom of your prepared pan and press flat.
4. Set the remaining crisp mixture aside.

PUMPKIN MIXTURE

1. In a large bowl, whisk together eggs and sugar.
2. When smooth and fully combined, add pumpkin, cream, vanilla, pumpkin pie spice, and kosher salt. Whisk until smooth and blended.
3. Pour the pumpkin mixture on top of the layer of crisp in the skillet.
4. Pour remaining crisp mixture over top of the pumpkin.
5. Bake uncovered at 375°F for 35-45 minutes.
6. Serve with whipped cream or ice cream.

Sovereigns of Adversity



Submitted by Kara Webb, RN, Director of Assisted Living

6 months. It is almost difficult to try and remember what 'normal' was and how 'carefree' life seemed 6 months ago.

Prior to 6 months ago tenants at Silveridge were constantly on the go. It was normal for them to be off at casinos or movie theaters. We had family members dropping in all the time for a brief overnight stay or a hot meal. Our dining room tables were always filled to capacity at each meal, tenants often squeezing together to try and get in just one more

That's different now.

Staff activity 6 months ago also looked much different. It was 'normal' for staff, myself included, to spend time with family and friends on our days off. I personally loved to go out to eat and to a movie. It was my favorite kind of 'night out'. I often would get together with family and friends for cookouts. I loved making my famous ribs or lasagna from-scratch pies for everyone...the more people the merrier.

That's different now.

After the original 'fear' of the virus seemed to dissipate it was replaced by this sense of 'moving on' in the community. Weddings started back up again. Businesses opened back up (and rightfully so). School started. Sports started for our children. Community events have been held. Most places and people have gotten back to 'normal'.

But it's still different here.

Life for our seniors and our staff has not gotten back to 'normal'. Our tenants still have not been able to hug their loved ones. They have missed ball games. Some have not held their newborn great grandchildren yet. They have lost friends and have not been able to attend their funerals. The state has set restrictions which are heavily dictated by our county's COVID-19 numbers, and those numbers have been disappointing. Staff have forfeited vacations and continue to turn down invitations to events with family and friends. All of these things have left

me with a sense of "Will it EVER get back to normal?"

I find myself grieving for my 'old life', and yet the resilience of these tenants far supersedes any of my emotions. They get up each day and appreciate Silveridge, our staff and the things we do for them. They accept the need for social distancing and although they can't sit 6 at a table in the dining room at breakfast time, they choose to appreciate the conversation they have with the other person at their table. They leave cards and treats by other tenants' doors to brighten their days. They have an aura of positivity and they carry it with them despite all of the things COVID-19 has changed.

When I ponder why that could be, as I seem to feel so down lately, it becomes pretty obvious... they are Sovereigns of Adversity.

- World War I
- Influenza Pandemic of 1918
- Stock Market crash of 1929 which precipitated the Great Depression
- World War 2
- The Cold War
- The Korean War
- The Vietnam War

The list is remarkable. Our seniors are handling the COVID 19 Pandemic with resilience and grace. We all can learn from them. It is things like this that make me remember how truly blessed I am to be surrounded by people who continually teach me life lessons such as patience, compassion, understanding, and strength. Most importantly, they routinely turn to their faith in God. After years of practice they have learned to give their worries and their struggles over to Him. The sense of peace that gives them... I wish more people could experience it and learn from it.

So yes, things are different. There are many unknowns and our old way of doing things may be a thing of thing of the past. But take it from our wonderful sovereigns on the Eventide campus who have already endured so much in their lives - 'This, too, shall pass'.

Team Eventide Raises funds for the Walk to End Alzheimer's

As a proud participant of the West Central Iowa Walk to End Alzheimer's, Team Eventide helped raise awareness and funds for the cause. With the dedication of Eventide Campus employees, Team Eventide raised over \$500 to be donated to the fight

against Alzheimer's. Eventide is proud to have staff, friends and family so willing to participate in raising awareness and funds for this cause. We all share the goal to end Alzheimer's that affects the lives of so many of our residents and community.

DONATIONS

EVENTIDE FOUNDATION

The Eventide Foundation is a non-profit, tax exempt charitable corporation formed to collect gifts of money and assets to help off-set the expenses of caring for the elderly. Funds collected by the Foundation are used to supplement the increasing costs of personal care and to provide amenities to residents that would not otherwise be available. As you plan your estate and gift endowments, we ask that you consider a gift to the Eventide Foundation. A contribution to the Foundation allows us to provide a fuller quality of life to our residents. The Foundation needs your help to continue the work of Eventide and to ensure that each of the residents can live out their life without loss of dignity or respect. We sincerely appreciated all the gifts that have been designated to the Eventide Foundation! The following list reflects gifts received during the period of June 20, 2020 through September 25, 2020. In publishing a list of so many names, it is possible that we may have misspelled, omitted or otherwise listed your name incorrectly. If so, please notify the Foundation office at (712) 263-3114 so that we can make the necessary corrections. Thank you.

MEMORIALS: Beatrice Snyder by L Gail Rigley | Neal Moeller by Family of Neal Moeller | Ellen Henningsen by Family of Ellen Henningsen | Ellen Henningsen by Mike & Kathy Lickteig | Beatrice Snyder by Zion Lutheran Ladies Aide | Marjorie Ohlmeier by Byron & Karen Weiss | Ramona Ullrich by Bob, Maureen & Tracey Schroeder | Ramona Ullrich by Christy Rickers | Ramona Ullrich by Dale & Kathy Wulf | Ramona Ullrich by Larry & Nancy Boyens | Ramona Ullrich by Jim & Marsha Lindstrom

SPRING APPEAL:

IN HONOR OF: Glen Wellendorf by Edrie Wellendorf | John & Katie Kock by Marian Riessen | Bud Barnes by Delmar & Jean Warren | Ruth Volkmann by Delmar & Jean Warren | Jack Brockelsby by Delmar & Jean Warren | Ryan & Kari Segebart

STAFF PAYROLL DEDUCTION:

Jaqueline Acosta | Bob Adams | Doreen Adams | Rebecca Angulo | Mindi Baker | Tamara Baker | Karen Beam | Kelsey Boger | Madison Bruck | Mary Burhoop | Deb Burk | Jean Carey | Shannon Cose | Lynette Croghan | Connie Ellis | Morgan Fink | Tasha Fink | Antonia Flores | Maria Flores | Brooke French | Abigail Friedrichsen | Blenda Gossage | Seth Guzman | Sara Hansen | Jenelle Higginbottom | Kelsey Hotze | Deborah Husinga | David Hulsebus | Michael Johnson | Jaci Kluender | Kim Korwes | Christine Kragel | Deanna Laubscher | Leeann Livermore | Miriam Lorenzo | Lori Magnuson | Victoria Martinez | Billie Mead | Kaydee Meseck | Yurida Montalvo | Ethan Muck | Bruce Namanny | Roxie Neumann | Alejandra Nieto | Susana Nieto | Yuriana Nieto | Arielle Pedersen | Amber Perry | Carol Quail | Homeaicela Quintana | Amy Rasmussen | Keli Remmick | Yuliana Rivas | Carlos Salazar | Annette Sands | Pat Schechinger | Robin Schiltz | Amy Schultz | Kris Schultz | Erin Staley | Deb Steinkuehler | Kathy Tech | Krystal Terwilleger | Tina Thompson | Melody Vazquez | Val Villa | Angeles Villegas | Cynthia Villegas | Kara Webb | Robyn Wilson

THRIVENT CHOICE

By directing Choice Dollars through Thrivent Choice, eligible members recommend where Thrivent Financial distributes some of its charitable outreach grant dollars among participating non-profit organizations such as Eventide Senior Living Community.

EVENTIDE FOUNDATION ENDOWMENT FUND

When you donate to a permanently endowed fund at a qualified community foundation, you are not only helping your neighbors today — you are building a stronger community tomorrow. And while that in itself is rewarding, with Endow Iowa, you will also get back for giving. You will be eligible to receive a 25% tax credit for each donation, in addition to any federal tax benefits you may qualify for. Contact the Omaha Community Foundation at (800) 794-3458 for more information on how Endow Iowa is helping donors do good works within the community, forever. If you are interested in donating, please make checks payable to the Eventide Foundation Endowment Fund and send them to The Omaha Community Foundation at 302 South 36th Street, Suite 100 in Omaha.

Resident Rights Exercise of Rights (cont):

The resident has the right to exercise his or her rights as a resident of the facility and as a citizen or resident of the United States.

- E. the resident retains the right to exercise those rights not delegated to a resident representative, including the right to revoke a delegation or rights, except as limited by State law.
- F. If the facility has reason to believe that a resident representative is making decisions or taking actions that are not in the best interests of a resident, the facility shall report such concerns in the manner required under State law.
- G. In the case of a resident adjudged incompetent under the laws of a State by a court of competent jurisdiction, the rights of the resident devolve to and are exercised by the resident representative appointed under State law to act on the resident's behalf. The court-appointed resident representative exercises the resident's rights to the extent judged necessary by a court of competent jurisdiction, in accordance with State law.
 - i. In the case of a resident representative whose decision-making authority is limited by State law or court appointment, the resident retains the right to make those decisions outside the representative's authority.
 - ii. The resident's wishes and preferences must be considered in the exercise of rights by the representative.
 - iii. To the extent possible, the resident must be provided with opportunities to participate in the care planning process.

Eventide Board of Directors

Mark Gray, President
Danyel Jepsen, Vice President
Tonya Eller, Secretary/Treasurer
Brad Bonner **Deryl Hennings**
Coleen Bruhn **Mark Spiegel**

Community Contacts

Mindi Baker, CEO
Amy Schultz, Eventide Administrator
Christine Kragel, Community Relations & Foundation Director
Kara Webb, RN, Silveridge Director of Assisted Living
Shannon Cose, Heritage Heights and Realife Resident Services Manager

Facilities

Eventide Lutheran Home: 712-263-3114

Heritage Heights: 712-263-6631

Realife Cooperative: 712-263-8169

Silveridge: 712-263-2639

From the Staff...

The staff at Eventide is here to assist our residents and their families in any way possible. If you have any questions or concerns, please do not hesitate to ask. We are always looking for ways to improve the delivery of our services and programs. Your input will only help us succeed in delivering quality care. Thank you for your continued support!

**Eventide A Senior
Living Community**



**visit our web site:
eventidehome.com**

ELECTRONIC NEWSLETTER

Keep updated on Eventide activities and events by signing up for our electronic newsletter. Call Christine in the Business Office at (712) 263-3114 or email ckragel@eventidehome.com to be added to the list.