Eventide Senior Living Community

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October | November | December 2018

Eventide Events

Published for the residents, families, friends and employees of the Eventide Community.

Welcome

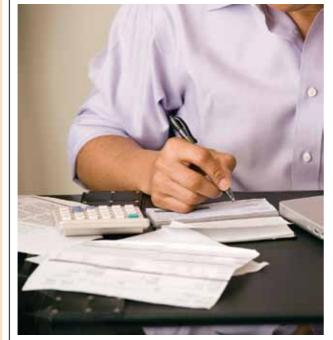
Thank you for choosing the Eventide Campus to be your home!

Eventide: Lois Butler Bernice Eubanks Dorothy Ferguson Dorothy Fredericks Laverne Milow Elaine Stoltze Vernet Tech Yolanda Turrubiates

> <u>Silveridge</u>: Lagene Webb Ione Beaman Darline Walsh

<u>Heritage Heights</u>: Vivian Betts Joy Whitenack

Fighting Fraud Against Older Adults



by Leading Age Iowa Financial fraud targeting older Americans is a growing epidemic that costs seniors an estimated \$2.9 billion annually. The U.S. Senate Special Committee on Aging has released its 2018 Fraud Book on the top 10 scam complaints reported in 2017 against older adults. cause they do not know where to report it, are too ashamed to admit they have been scammed, or may not even know that they are victims.

In 2017, the Aging Committee's Fraud Hotline received more than 1,400 complaints of fraud targeting seniors around the country.

If you or someone you know are the victim of a scam or fraud attempt, call the Fraud Hotline at 1-855-303-9470.

Bipartisan legislation to strengthen banking laws to protect older adults against financial fraud has passed both houses of Congress

and will soon be signed into law. The Senior Safe Act will encourage banks, credit unions, insurance companies, investment brokerages, and other financial services to train their employees in spotting possible fraud against older customers and protect the companies and their employees from liability for reporting suspected fraud to regulatory agencies.

The top 10 scams reported in 2017 were:

- 1. IRS Impersonation Scams
- 2. Robocalls and Unsolicited Phone Calls
- Sweepstakes Scams/Jamaican Lottery Scam
- 4. "Can You Hear Me?" Scams
- 5. Grandparent Scams
- 6. Computer Tech Support Scam
- 7. Romance Scams
- 8. Elder Financial Abuse

Graduates

Our graduates were on the Eventide campus for a short stay and have returned home. It was a pleasure to serve you!

> Eventide: Christine Adkins Marlin Hansen Frances Herbert Virginia Nelson Janet Pauley Gale Segebart

> > <u>Silveridge</u>: Shirley Berry

In Memoriam

Our thoughts and prayers remain with the families and friends of those who have made their final journey.

> Eventide: Darlene Abbe Harold Beerman Mrs. Laverne Christiansen Emmogene Evers Roger Henschen Roy King Ronald Klink Walter Listamann Cecelia Nepple

Cece Nepple Joyce Pedersen Nellie Petersen Louise Scherff

> <u>Silveridge</u>: Joan Gray

Seniors often do not report fraud be-

- 9. Identity Theft
- 10. Government Grant Scams







Hole in One:

We cannot say thank you enough to everyone that took part in our inaugural golf tournament - the participants, the sponsors, the donors, the employees and the Schleswig Golf Course. Although no one had a 'hole in one' that day, we truly feel that this is what we accomplished! What a fun and beautiful day to spend raising money for a great cause. Our expectations were exceeded and we are happy to announce that we have raised over \$8,000 toward the Grow Bold with Us Campaign. We are that much closer to new and expanded facilities and services for the seniors of our communities!







Eventide Staff News

ANNIVERSARIES

"Congratulations" to the following Eventide Campus Staff for working one year or more:

OCTOBER

Rebecca Angulo, Extra Eyes, 12 years Tasha Fink, Medical Records Secretary, 3 years David Hulsebus, Dietary Aide, 1 year Karrie Kropf, CNA, 7 years Denise Lynn, CNA, 7 years Dorothy Popp, Domestic Aide, 8 years Pat Schechinger, Human Resource Coordinator, 1 year Hawa Sesay, CMA, 4 years

NEW STAFF

We welcome the following new staff members.

EVENTIDE NURSING DEPARTMENT

Whitney Wessel, CNA Yuriana Nieto, LPN Jennifer Curry, LPN Rosine Kin, CNA Ku Moo, CNA Jessica Wells, CNA Mary Yang, CNA Adriana Mendoza, CNA

SILVERIDGE ASSISTED LIVING NURSING DEPARTMENT

Stephanie Brink, Medication Manager

<u>NOVEMBER</u>

Maria Flores, LPN, 14 years Zita Kotz, Domestic Aide, 4 years Yuridia Montalvo, CNA, 2 years Whitney Muck, CNA, 3 years Amber Perry, CNA, 2 years



DECEMBER

by Human Resource Coordinator, Pat Schechinger

Michaela Fineran, CNA, 2 years Deb Burk, Medical Records Coordinator, 31 years Jamie Henningsen, LPN, 4 years Kelsey Hotze, CNA, 3 years Deborah Huisinga, CMA, 31 years Amy Rasmussen, RN, 13 years Alyssa Seuntjens, Homemaker, 2 years Robyn Wilson, CNA, 4 years

Help us Welcome Tina Thompson



In October, Robin Schiltz, Eventide Activity Director, will become the President of the Iowa Association of Activity Professionals (IAAP). IAAP

offers education and networking for

activity professionals across the en-

tire state. The mission is to provide

"quality of life" for clients through

an ongoing balance of physical,

mental, spiritual, and emotional ac-

tivities. Robin will play a vital role

in encouraging self-expression,

self-discovery and lifelong learn-

ing for activity professionals while

providing educational opportunities,

networking, resource exchange and

individual peer support.

Tina Thompson is the newest administrative team member to join the Eventide Campus. She will be the Resident Services Manager for the Realife Cooperative and Heritage Heights Apartments. Tina comes to us with a variety of work experience including Pediatric Dentistry and Hy-Vee. Her experience as an Office Manager will help her run the day-to-day operations of both apartments. You can find Tina at Realife Cooperative in the morning, and at Heritage Heights in the afternoon, Monday through Friday.

Tina spends much of her time running her kids around or attending their school and extracurricular activities. She has 3 children – 2 sons and 1 daughter. If she has any time to spare, she enjoys crafting.

Tina is excited to learn more about the Eventide Campus and get to know the tenants and their families. She would like to thank everyone for the warm welcome so far!



Robin Schiltz, Eventide Activity Director

Silveridge Assisted Living Manager, Kara Webb Monson, RN, recently graduated from the Emerge Leadership Academy by Leading Age Iowa. "So thankful to work for an organization that believes so much in its team members and their ongoing education and personal growth for our aging population," expressed Kara. The academy is highly interactive and blends classroom learning with dynamic experiences, including networking with more experienced leaders, shared learning, tours of unique and cutting-edge services and accountability for applied learning. Emerge curriculum and experience develops leadership potential, increases awareness of environmental factors, cultivates the skills



A Focus on Fall Prevention

Submitted by Kara Webb Monson, RN, Silveridge Assisted Living Manager

With those dreadful winter months fast-approaching, our risk for falls increases. According to the Fall Prevention Center of Excellence, statistics show that:

• More than 40% of people hospitalized from hip fractures do not return home and are not capable of living independently again;

• 25% of those who have fallen pass away each year;

• On average, two older adults die from fall-related injuries every day just in one state.

Falls can result in hip fractures, head injuries or even death. In many cases, those who have experienced a fall have a hard time recovering and their overall health deteriorates. A person is more likely to fall if s/he is age 80 or older or if s/he has previously fallen. Over time people may feel unsteady when walking due to changes in physical abilities such as vision, hearing, sensation, and balance. People who become fearful of falling may reduce their involvement in activities. Also, the environment may be designed or arranged in a way that makes a person feel unsafe.

health professional about getting a risk assessment for falling. During routine doctor visits, ask the doctor about your risk of falling. Some of the health factors that can contribute to falls are osteoporosis, being over age 80, changes in balance and walking patterns, changes in vision and sensation, and taking multiple medications. Certain medications cause older adults to experience dizziness. Once you have an idea of some of the risks and how you might be affected, you can work with your doctor, other health professionals, and your family to determine what factors can be modified to reduce your risk.

Kara Webb Monson, RN

necessary to handle the changes in today's health care environment, and enhances leaders' ability to make positive impacts within the organization.



Mary Burhoop, RN



Lori Magnuson, RN

Eventide Nurse Managers, Mary Burhoop, RN, and Lori Magnuson, RN, are now Resident Assessment Coordinator Certified! The RAC-CT® certification is the nationally recognized gold-standard in resident assessment in the long-term care nursing profession. By earning it, individuals have shown their expertise in skilled nursing facility prospective payment system and minimum data set assessment. Constantly reviewed and updated by a team of experts, the RAC-CT program ensures knowledge of clinical assessment and care planning, completion of the MDS, and the regulatory body surrounding the RAI/MDS process. The good news is that with adequate knowledge, falls can be prevented.

How Can We Prevent Falls?

Researchers have identified that the most effective fall prevention programs have many components. First a person needs to understand what may put them at risk for falling. Some risks can be reduced. Medical providers can help to identify risks and develop a plan. Specific physical activity can target reduce fall risk by increasing balance and mobility skills. Also changes to the home and community environment can reduce hazards and help support a person in completing daily activities. While this is not a comprehensive list of fall prevention strategies, it's a good place to start:

Medical Management (Risk Assessment and Follow-up)

The first step is to talk with a

Balance & Mobility (Physical Activity)

Studies show that balance, flexibility, and strength training not only improve and mobility, but also reduce the risk of falling. Statistics show that most older adults do not exercise regularly, and 35% of people over the age of 65 do not participate in any leisure physical activity. This lack of exercise only makes it harder for individuals to recover after a fall. Many people are afraid of falling again and reduce their physical activity even more. There are many creative and low-impact forms of physical activity for fall prevention, such as tai chi.

Environmental Modification

The environment can present many hazards. At home older adults are commonly concerned about falling in the bathtub or on steps. In the community there can be trip hazards such as uneven or cracked sidewalks. By making changes to the home and community environment a person can feel safer and less at risk of falling. For example, the bathroom can be modified by installing grab bars as in the shower or tub, having a place to sit, and having non-slip surfaces. Steps can have handrails, adequate lighting, and contrast between steps. Community sidewalks in disrepair can be reported to city officials for repair.

Basics of Fall Prevention. http://stopfalls.org/what-is-fallprevention/fp-basics/

Hello Everyone!

Submitted by Robin Schiltz, Eventide Activity Director

It is hard to believe that summer is already gone! However, Autumn is one of the prettiest times of the year, and the bus rides are absolutely fabulous as the leaves begin to change.

The Eventide staff have been out in the community volunteering for a variety of fundraisers lately! We have also had a couple of our own fundraisers, as we continue to move forward with our plans for the future buildings. We have participated in the Relay for Life, Walk to End Alzheimer's, Ragbrai, Tri-City BBQ Fest, and our very own golf fundraiser. There are also a handful of employees who help with Hunger Fighters and Meals on Wheels. We are looking forward to the community and church soup suppers and chicken dinners in the near future. Do not forget to call if you are looking for volunteers!

We are trying something different this year for Halloween. We have a fabulous accordion player, Wayne Miller, who is coming to perform in the afternoon. There will not be a Costume Contest this year (per the resident council). However, we are opening our doors to trick-or-treaters from 4:00pm-5:30pm. The residents will be handing out treats in the main dining room for all kids in costume! Please start your evening here with us at Eventide!

Upcoming Events

We have some exciting activities coming up for the next few months. Please feel free to join us at any time – the more the merrier!

October: 10/4: Octoberfest with Wade & Ruth 10/5: Alpaca Visit, 2:30pm 10/11: Teri Orr Performance, 2:30pm 10/18-10/19: Iowa Association of Activity Professionals, Ames 10/22: Eventide Auxiliary Meeting 10/31: Wayne Miller Performance 10/31: Trick or Treaters, 4:00pm-5:30pm **TBA: Traditional Mexican Dancers** November: 11/4: Daylight Savings Time ends! 11/9: Veteran's Day Celebration with Kindred Hospice 11/15: Aaron & Claudia Entertainment, 2:30pm 11/19: Pineapple & Co. Performance, 2:30pm 11/22: Happy Thanksgiving

11/23: Iowa vs. Nebraska Football Game

Team Eventide Raises nearly \$2,000 for the Walk to End Alzheimer's



Reminder for Family & Visitors:

As the holidays approach we would like to remind everyone to please bring any gifts or new items for residents to Deb Aldag or Lynette Croghan. Items that are laundered will be labeled with the resident's name, and anything of value (example: technology) will be added to the resident's inventory list. Thank you for helping us keep each resident's items organized and accounted for!

Moment of Thanks

The family of Art Duff wants to thank Eventide for taking good care of Art while he was there. And a special thanks to Silveridge. Everyone here has been so kind to Art and me since we moved here August 3, 2014. Your kind words, hugs etc. has helped me to keep going. Thanks for the flowers, cards and memorials. The memo-

Eventide Senior Living Community is a proud participant and sponsor of the West Central Iowa Walk to End Alzheimer's each year. Team Eventide hosted a Chicken Dinner Fundraiser and a team t-shirt sale to raise funds for the cause. This year's fundraising totals came in just under \$2,000 dollars to be donated to the fight against Alzheimer's. Eventide is proud to have staff, friends and family so willing to participate in raising awareness and funds for this cause. We all share the goal to end Alzheimer's that affects the lives of so many of our residents and community.

> rial money went to the Anita Legion. Special thanks to Pat Chapman for checking up on me everyday and to Shirley Kastner for trying to fatten me up. And to my son Ron for helping me with all my paper work and to my granddaughter, Kelsey for bringing all her baby animals for everyone to see. I couldn't be at a better place and all the workers are great. I am so lucky to be here.

> -Willadean Duff, Gary Duff Sr. and Family, Ron Duff and Family

Ragbrai on the Eventide Campus:



Centenarians Wiletta and Evelyn experienced something new this year! Both ladies had never ridden a bicycle until now, thanks to All Ability Cycles! Eventide residents biked around the neighborhood and watched the riders as they headed out of town for day two. Not only did we join in on the biking, but the campus acted as a host as well. The teams who stayed took time to visit with everyone, show them their bikes and equipment and even serenaded the Silveridge tenants! They were a blessing to have and we hope to see them back on campus for a visit! Thank you to those who supported our fundraiser by stopping by our vendor booth for some watermelon and monkey tails! Until next time...



December:

12/5: Generations Performance, 2:30pm
12/13: Elvis Christmas Performance, 2:30pm
12/13: Community Christmas Carolers, 7:00pm
12/20: Resident Christmas Parties
12/25: Merry Christmas!
12/28: Celebrating Iowa's Statehood
TBA: Rick Powell Christmas Performance

Don't forget to check our website for full monthly calendars. All activities subject to change.



Submitted by Deb Steinkuehler, Dietary Supervisor

New to Our Menu! Pumpkin Earthquake Cake

Yellow or White Cake Mix	1 box
Pumpkin Pie Spice	1 tsp
Pumpkin Puree	15oz can
Margarine, Melted	1/2 cup
Cream Cheese, Softened	8 oz
Vanilla	1 tsp
Powdered Sugar	2 cups
Butterscotch Chips	l cup

In a bowl, mix together melted margarine, cream cheese, vanilla and powdered sugar until combined. In a separate bowl, mix the cake mix, canned pumpkin and pumpkin pie spice. Fold in butterscotch chips.

Pour cake batter into greased cookie sheet. Spoon dollops of the cream cheese mixture onto the batter. Use a knife or spatula to swirl cream cheese mixture into the batter. Bake at 350 degrees for 40-45 minutes. Slice, serve and enjoy!



Upcoming Silveridge Events October

10/6: Crawford Co. Arts (the 7th Ave), 7:00pm 10/8: Columbus Day Trivia, 2:00pm 10/10: Crawford Co. Bank Movie, 1:30pm 10/16: Celebrating Bosses Day 10/17: Casino, 9:00am 10/31: Trick or Treaters, 5:00pm-7:00pm <u>November</u> 11/6: Music with Aaron, 2:00pm 11/8: Crawford Co. Arts (The Funniest Night), 7:00pm 11/11: Veteran's Day 11/14: Crawford Co Bank Member's Movie, 1:30pm 11/19: Pineapple Express, 12:30pm 11/22: Thanksgiving Dinner, 12:00pm 11/28: Casino, 9:00am December 12/5: Generations 12/7: Decorate Christmas Tree 12/13: Community Christmas Caroling, 7:45pm 12/21: Christmas Party, 1:30pm 12/24: Christmas Eve Soup Supper, 5:00pm 12/25: Christmas Dinner, 12:00pm 12/29: Piano Man, 2:00pm Every Tuesday Rosary 2:00 pm Every Thursday Bible Study 2:00 pm



Community Christmas Carolers Thursday, December 13th Eventide at 7:00pm

Silveridge at 7:45pm



Riding in Style:

Silveridge tenants, employees and even Henry the Labradoodle participated in the Fourth of July parade. Thank you to Bruce Blunk for taking us for a cruise in your convertible!





Celebrating with Family & Friends: Silveridge kicked off Assisted Living Week with the Annual Appreciation BBQ for tenants, employees and their families. Although the food and entertainment are always a highlight, we most enjoyed seeing all of the smiles and laughter that filled the day. Thank you to Rick Powell for another memorable performance.



DONATIONS

EVENTIDE FOUNDATION

The Eventide Foundation is a non-profit, tax exempt charitable corporation formed to collect gifts of money and assets to help off-set the expenses of caring for the elderly. Funds collected by the Foundation are used to supplement the increasing costs of personal care and to provide amenities to residents that would not otherwise be available. As you plan your estate and gift endowments, we ask that you consider a gift to the Eventide Foundation. A contribution to the Foundation allows us to provide a fuller quality of life to our residents. The Foundation needs your help to continue the work of Eventide and to ensure that each of the residents can live out their life without loss of dignity or respect. We sincerely appreciated all the gifts that have been designated to the Eventide Foundation! The following list reflects gifts received during the period of June 23, 2018 through September 21, 2018. In publishing a list of so many names, it is possible that we may have misspelled, omitted or otherwise listed your name incorrectly. If so, please notify the Foundation office at (712) 263-3114 so that we can make the necessary corrections. Thank you.

MEMORIALS: Helen Berens by Dennis & Charlyne Berens | Dorothy Swanson by Kenneth & Margaret Dahl | Carol Brus by Anonymous | Darlene Abbe by Bruce & Cynthia Paulsen | Mrs. Laverne E Christiansen by Betty Bilsten

SPRING APPEAL:

GENERAL: Shirley Vipond | Denison Drywall Contracting, Inc.

IN MEMORY OF: Wilbert & Irene Johannsen by Shirley Kellogg | Rhonda Ohl by Doug & Pam Soseman Jerry Stull by Shirley Stull

IN HONOR OF: Theo & Leona Aldag by Larry & JoAnn Clausen | Andrew & Bernice Clausen by Larry & JoAnn Clausen | Cletus Prueitt by Janet LaRue | Helen & Kenneth Hinze by Shirley & Leonard Walde | All Residents, Family & Friends by Harold Sievers | Peter & Jane Pickel by Larry & Dorothy Rix | Fred & Ione Hollrah by Jolene O'Connor | Walter & DeLoris Sonnichsen by H. Dennis & Marlene Bergstadt | Mary Deamer by H. Dennis & Marlene Bergstadt | Vivian Welch by H. Dennis & Marlene Bergstad

STAFF PAYROLL DEDUCTION:

Bob Adams | Doreen Adams | Michaela Ahrenholtz | Deb Aldag | Rebecca Angulo | Jorge Avilez | Mindi Baker | Tamara Baker | Jenifer Barroso-Renteria | Jasmin Barroso-Renteria | Keyla Barroso | Karen Beam | Makayla Beeck | Kelsey Boger | Stephanie Brink | Marlene Buffinton | Mary Burhoop | Deb Burk | Jean Carey | Jane Carstensen | Lucy Casado | Lynette Croghan | Jennifer Curry | Nicole Dobernecker | Connie Ellis | Kalina Ewoldt | Krystal Ferguson | Morgan Fink | Tasha Fink | Antonia Flores | Maria Flores | Polycarp Forba | Brandi French Brooke French | Tracee Gettys | Blenda Gossage | Seth Guzman | Shakira Hamilton | Jamie Henningsen | Bianka Hernandez | Jenelle Higginbottom | Tanner Hoffman | Kelsey Hotze | Deborah Huisinga | David Hulsebus | Penny Hulsebus | Michael Johnson | Sabrina Johnson Kim Korwes | Christine Kragel | Vicki Lyman | Lori Magnuson | Alyha McCartney | Billie McCartney | Billie Mead | Molly Meyer | Kara Monson Yurida Montalvo | Whitney Muck | Alejandra Nieto | Yuriana Nieto | Arielle Pedersen | Amber Perry | Carol Quail | Amy Rasmussen | Keli Remmick | Annette Sands | Pat Schechinger | Robin Schiltz | Amy Schultz | Kris Schultz | Robert Self | Maria Soriano-Castro | Erin Staley Deb Steinkuehler | Kathy Tech | Tina Thompson | Melody Vazquez | Valentina Villa | Angeles Villegas | Cynthia Villegas | Brittany Warnock Jessica Wells | Whitne Wessel | Robyn Wilson | Mary Yang | Jennifer Zamora

Hilda Frank Awarded Volunteer of the Year

Hilda Frank has been awarded the Volunteer of the Year Award by LeadingAge Iowa, an association representing not-for-profit aging services providers. The award is given to an individual who demonstrated a unique commitment to preserving the dignity, well-being, health, independence and fullness of life of residents or clients of LeadingAge Iowa member organizations.

Hilda won the Volunteer of the Year Award based her continued service to Eventide Senior Living residents. For the past 20 years, Hilda has been a consistent and positive presence at Eventide. She can be found on Eventide's campus weekly helping with bingo, birthday parties, special events, nail care, Lutheran communion and much more. She has even been roped into wearing a gown and acting as a judge for a variety of contests. Living only a few blocks away, Hilda is often called on for last minute needs and is always willing to jump at any given moment. Hilda has also served on the Eventide Auxiliary, acting as a secretary for numerous years.

Hilda is 89 years young and has no intentions of slowing down. Hilda knows almost every resident



by name and is very dedicated to them and the activities staff. Hilda has a talent for identifying strengths in residents and then encouraging and supporting those strengths through hobbies and activities. Over the years, she has built meaningful and lasting relationships with several residents and staff and has been an invaluable part of the Eventide community.

"She brings joy to our residents and they think the world of her. So do we," exclaimed Robin Schiltz, Eventide Activities Director. "We are blessed to have such a faithful and dedicated volunteer, and we believe she is deserving of such award."

Recipients received their award at a statewide recognition ceremony on August 28 at the DoubleTree by Hilton Hotel Convention Complex in Cedar Rapids at the LeadingAge Iowa Fall Leadership Conference.

Creating Awareness for Resident Rights Month

6 Steps for Getting Quality Care in a Nursing Home

The best way to achieve quality care is to work with the nursing home to meet your needs. Below are some ways in which you can actively participate in and monitor your care.

1. Be Informed

a. Learn what your rights and the nursing home's responsibilities are. Ask the facility to go over your rights with you.

b. Know what care and services you are supposed to receive.
This information is in your care plan, so make sure to always have a copy of your most recent plan.
c. Ask questions.

4. Develop a Positive Relationship with Staff

a. Talk to the facility about assigning the same aides to provide care and services to you. This will help ensure the best outcomes.

b. Get to know your aides.c. Treat all staff with respect

c. Treat all staff with respect and appreciation.

5. Communication Tips

a. Ask a question if something is unclear. State what you mean directly, respectfully and in language that is free of blame or judgement. Try to ask a question, not make an accusation. b. Make sure to thank staff for their help. c. If the nursing home staff tells you they cannot do something because the 'state' or the 'rules' do not allow it, politely ask them to show you the document where this information is written down. Ask for more information from your local ombudsman. d. Keep notes. Write down any problems or incidents that occur. Be sure to include the date, time, person(s) involved, and what action(s) were taken by staff/administration. This information will help in communicating your concerns at a later date if problems continue.

EVENTIDE LUTHERAN HOME

The following list reflects gifts received during the period of June 23, 2018 through September 21, 2018. If we have misspelled, omitted, or otherwise listed your name incorrectly, please notify the Business Office at (712) 263-3114 so that we can make the necessary corrections. Thank you.

IN MEMORY OF: Mahela Wendt by Joseph & Marlene Lahr | Louise Scherff by Roger & Delores Dozark Darlene Abbe by Larry & JoAnn Clausen | Charlene Pedersen by Pedersen Family | Jim Thelen by Dorothy Childress

THRIVENT CHOICE

By directing Choice Dollars through Thrivent Choice, eligible members recommend where Thrivent Financial distributes some of its charitable outreach grant dollars among participating non-profit organizations such as Eventide Senior Living Community. Thrivent Choice can have a tremendous impact on our organization. Your gift fills a need that is present and growing, and can make a great deal of difference in the comfort and quality of care delivered to our residents. We plan to use the Thrivent Choice funding to meet the needs of our seniors and provide the loving care our residents so rightly deserve. Directing Choice Dollars is any easy way to show your support for our organization and mission. Simply go to Thrivent.com/thriventchoice to learn more. Or call 800-847-4836 and say 'Thrivent Choice' after the prompt. Together we can help strengthen communities and change lives.

EVENTIDE FOUNDATION ENDOWMENT FUND

When you donate to a permanently endowed fund at a qualified community foundation, you are not only helping your neighbors today — you are building a stronger community tomorrow. And while that in itself is rewarding, with Endow Iowa, you will also get back for giving. You will be eligible to receive a 25% tax credit for each donation, in addition to any federal tax benefits you may qualify for. Contact the Omaha Community Foundation at (800) 794-3458 for more information on how Endow Iowa is helping donors do good works within the community, forever. If you are interested in donating, please make checks payable to the Eventide Foundation Endowment Fund and send them to The Omaha Community Foundation at 302 South 36th Street, Suite 100 in Omaha.

Eventide Board of Directors Mark Gray, President Danyel Jepsen, Vice President Tonya Eller, Secretary/Treasurer Brad Bonner Deryl Hennings Todd Schultz Mark Spiegel

Community Contacts

Mindi Baker, CEO

- Amy Schultz, Eventide Administrator Christine Kragel, Community Relations &
- Foundation Director Kara Webb Monson, Silveridge Assisted Liv-
- ing Manager
- Tina Thompson, Heritage Heights and Realife Resident Services Manager

Facilities

Eventide Lutheran Home: 712-263-3114 Realife Cooperative: 712-263-8169 Heritage Heights: 712-263-6631 Silveridge: 712-263-2639 2. Create a Circle of Support

a. Develop a group of family members, friends and other people you trust who can assist in advocating for the care you want.

3. Participate in Your Care Plan

a. Let the nursing staff know that you want to be involved in reviewing or developing your plan.

b. Consider asking someone from your circle of support and/ or the staff person who is most familiar with you and whom you trust to attend your care plan meetings with you.

c. Make a list of questions, comments or concerns you have. Bring this list to the care plan meeting.

d. Speak up at the meeting. Tell the staff what you want and need.

e. Ask for a copy of the care plan after it has been created or revised.

f. Ask that the care plan be changed if it is not working for you or if your condition changes.

From the Staff...

6. Know where to turn with questions and concerns

a. Find out which staff person to contact and how to reach them.

b. Connect with the resident or family council if there is one. The council help answer questions or communicate your concern to facility administration.

The staff at Eventide is here to assist our residents and their families in any way possible. If you have any questions or concerns, please do not hesitate to ask. We are always looking for ways to improve the delivery of our services and programs. Your input will only help us succeed in delivering quality care. Thank you for your continued support!

Eventide A Senior Living Community



visit our web site: eventidehome.com

ELECTRONIC NEWSLETTER

Keep updated on Eventide activities and events by signing up for our electronic newsletter. Call Christine in the Business Office at (712) 263-3114 or email ckragel@eventidehome.com to be added to the list.